Hennopspark, Centurion, 0172 Tel: +27 (11) 314-6617 Email: michelle@sanbonani.co.za www.sanbonani.co.za COMPANY REG NO: 2004/000822/07 AND PHYSIOTHERAPY PRODUCTS VAT NUMBER: 4810216269 PRACTISE NUMBER: 090 008 0195480

Good day,

We have pleasure in submitting our pricelist for your perusal and records.

Including 15% Vat. Excluding Delivery costs.

Ex. stock: +/- 2-5 days from date of receipt of payment. **Delivery/ Collection**:

Imported Stock: 6-8 weeks from date of receipt of an official order / deposit.

A 7 day return policy on consumables. Warranty:

A 12 month factory warranty is offered on electrical products over the value of R10,000.00  $\,$ 

Please contact us should you require a copy of our warranty conditions.

The rate of exchange ruling as of today's date is: ROE:

USD1.00 = R19.50 EUR1.00 = R21.00

Not all items are listed below. For items not found on the pricelist, please contact the office with assistance.

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
		EXCITING NEW LAUNCH!		
		NEW PRO	DDUCT	
		Hand Rehabilitation Robot SY-HRE12 Supplied with monitoring unit, 1x Data Glove & 1x Rehab Glove		
		The Hand Rehabilitation System HRE12 is designed to help your hand function recover better if you experience Loss of dexterity, Hand Edema and sensory Impairments.		
		Single finger training for fine motor requirements, activates the minor neurons and promotes the autonomic recovery of the brain.  Passive Training, opposition and pinch training which assists to accelerate the recovery of hand motor ability and coordination.		
		The unique task-oriented training mode allows for purposeful, active participation of daily tasks.  Passive stretching hand to increase range of motion.		
	1	Personalized training with adjustable intensity levels for individual needs offering adjustable flexion and extension time and intensity.	R5 000.00	R 5 000.0
		The unit offers 6 training modes to cover the various stages of rehabilitation including; Super-early stage, Flaccid paralysis stage, Spastic period, Convalescence period.		
		The motor relearning program is a rehabilitation program designed to help individuals regain motor skills and coordination after an injury or illness. This program typically involves exercises and activities aimed at improving muscle strength, flexibility, and coordination, as well as retraining the brain to control movement and balance. The goal of a motor relearning program is to help individuals regain independence and improve their quality of life. This type of program is often used in physical therapy and occupational therapy settings to help individuals recover from conditions such as stroke, traumatic brain injury, or spinal cord injury.	1	
T. M.		E12 rehabilitation robot glove takes 20 minutes to perform a rehabilitation training session and can be used to exercise 2-3 times a day. Control group: traditional rehabilitation Observation group: use of hand function rehabilitation robot-Upper limb function (upper limb part of Fugl-Meyer Motor Function Rating Scale) increased by 19%; daily living ability (modified Barthel index) increased by 22%		
		ACCUPUNCTURE NEEDLES		
(1)		Accupuncture Needles		
		Sterile Disposable Acupuncture Needles, thermal paper pack, with tube, 100/box.  The Acupuncture Needles tip is sharpened and polished to ensure consistency and provide ultimate sharpness, thus delivering a painless and efficient acupuncture treatment.		
WU1325	1	Accupuncture Needles, Steel Handle, 13mm x 0.25mm	R110.00	R 110.0
WU1330	1	Accupuncture Needles, Steel Handle, 13mm x 0.30mm	R110.00	
WU2522	1	Accupuncture Needles, Steel Handle, 25mm x 0.25mm	R110.00	R 110.0
WU2530	1	Accupuncture Needles, Steel Handle, 25mm x 0.30mm	R110.00	R 110.0
WU3030	1	Accupuncture Needles, Steel Handle, 30mm x 0.30mm	R110.00	R 110.0
WU4030	1	Accupuncture Needles, Steel Handle, 40mm x 0.30mm	R110.00	R 110.0
WU5030	1	Accupuncture Needles, Steel Handle, 50mm x 0.30mm	R110.00	R 110.0
WU7530	1	Accupuncture Needles, Steel Handle, 75mm x 0.30mm	R110.00	R 110.0
WU7535	1	Accupuncture Needles, Steel Handle, 75mm x 0.35mm	R110.00	R 110.0
WU10030	1	Accupuncture Needles, Steel Handle, 100mm x 0.30mm	R160.00	R 160.0
W010030				
WU10035	1	Accupuncture Needles, Steel Handle, 100mm x 0.35mm	R160.00	R 160.0

Unit 22, Dirk Smit Industrial Park,

14 Jakaranda Street.

**SAHPRA:** 00003541MD

Itama mumahan	04	How Description	Unit Price Incl	Total Price Incl
Item number	Qty	Item Description	VAT	VAT

# **EXERCISE PUTTY**

# New raistones, new colors, return is so gett to the colors, return

# Norco™ Rainbow™ Exercise Putty

Promote hand-muscle strength and increase endurance.

Exercising with Rainbow™ Exercise Putty helps promote increased range of motion, finger-flexion and tendon-gliding.

Rainbow™ color-system associates resistance levels with color.

Composed of silicon rubber.

The smaller portion cups are perfect for most small and medium sized hands.

Not made with natural rubber latex.

NC98200-03	1	Norco™ Rainbow™ Exercise Putty Soft Orange (85g)	R125.00	R 125.00
NC98210-03	1	Norco™ Rainbow™ Exercise Putty Medium-Soft Pink (85g)	R125.00	R 125.00
NC98220-03	1	Norco™ Rainbow™ Exercise Putty Medium Green (85g)	R125.00	R 125.00
NC98230-03	1	Norco™ Rainbow™ Exercise Putty Medium-Firm Blue (85g)	R125.00	R 125.00
NC98240-03	1	Norco™ Rainbow™ Exercise Putty Firm Purple(85g)	R125.00	R 125.00
NC98200-04	1	Norco™ Rainbow™ Exercise Putty Soft Orange (113g)	R145.00	R 145.00
NC98210-04	1	Norco™ Rainbow™ Exercise Putty Medium-Soft Pink (113g)	R145.00	R 145.00
NC98220-04	1	Norco™ Rainbow™ Exercise Putty Medium Green (113g)	R145.00	R 145.00
NC98230-04	1	Norco™ Rainbow™ Exercise Putty Medium-Firm Blue (113g)	R145.00	R 145.00
NC98240-04	1	Norco™ Rainbow™ Exercise Putty Firm Purple(113g)	R145.00	R 145.00
NC98200-16	1	Norco™ Rainbow™ Exercise Putty Soft Orange (454g)	R530.00	R 530.00
NC98210-16	1	Norco™ Rainbow™ Exercise Putty Medium-Soft Pink (454g)	R530.00	R 530.00
NC98220-16	1	Norco™ Rainbow™ Exercise Putty Medium Green (454g)	R530.00	R 530.00
NC98230-16	1	Norco™ Rainbow™ Exercise Putty Medium-Firm Blue (454g)	R530.00	R 530.00
NC98240-16	1	Norco™ Rainbow™ Exercise Putty Firm Purple (454g)	R530.00	R 530.00
NC98200-80	1	Norco™ Rainbow™ Exercise Putty Soft Orange (2.3kg)	R2 525.00	R 2 525.00
NC98210-80	1	Norco™ Rainbow™ Exercise Putty Medium-Soft Pink (2.3kg)	R2 525.00	R 2 525.00
NC98220-80	1	Norco™ Rainbow™ Exercise Putty Medium Green (2.3kg)	R2 525.00	R 2 525.00
NC98230-80	1	Norco™ Rainbow™ Exercise Putty Medium-Firm Blue (2.3kg)	R2 525.00	R 2 525.00
NC98240-80	1	Norco™ Rainbow™ Exercise Putty Firm Purple (2.3kg)	R2 525.00	R 2 525.00
	1	Putty Containers NC51025  Additional empty container for exercise putties. Regular size holds 2 oz. (57g) to 5 oz. (141g) of putty and comes in a pack of 10.	R300.00	R 300.00

# **EXERCISE BAND & TUBING**

# Sanctband

Resistive Band is a natural latex resistive exerciser and resistance training device. It is suitable for all fitness levels and can be incorporated in many exercise regimes. Sanctband Resistance Exercise Band is colour-coded to indicate the resistance levels and strengths for physiotherapy, rehabilitation, sports therapy and training. The resistive exercise band is an effective and integral part of the concept resistance training. Resistance Training is a concept adopted in areas of physiotherapy, rehabilitation, sports training, Yoga and Pilates. It is also an effective training method used in sports training and rehabilitative exercises programs.

Sanctband Powder Free and Reduced Protein Exercise Bands are developed to address the uncomfortable feeling of using powdered bands and concerns of latex allergy when using a latex band.

	1	Peach Extra Light 0.15mm 5.5 m roll dispenser	R160.00	R 160.00
Section Control of the Control of th	1	Orange Light 0.20mm 5.5 m roll dispenser	R180.00	R 180.00
Total States	1	Lime Green Medium 0.25mm 5.5 m roll dispenser	R220.00	R 220.00
	1	Blueberry Heavy 0.30mm 5.5 m roll dispenser	R235.00	R 235.00
	1	Plum Extra Heavy 0.40mm 5.5 m roll dispenser	R280.00	R 280.00
	1	Grey Super Heavy 0.45mm 5.5 m roll dispenser	R310.00	R 310.00
	1	Peach Extra Light 0.15mm 30m roll dispenser	R730.00	R 730.00
	1	Orange Light 0.20mm 30m roll dispenser	R835.00	R 835.00
	1	Lime Green Medium 0.25mm 30m roll dispenser	R1 030.00	R 1 030.00
	1	Blueberry Heavy 0.30mm 30m roll dispenser	R1 195.00	R 1 195.00
	1	Plum Extra Heavy 0.40mm 30m roll dispenser	R1 500.00	R 1 500.00
	1	Grey Super Heavy 0.45mm 30m roll dispenser	R1 680.00	R 1 680.00
	1	Peach Extra Light 0.15mm 46m roll dispenser	R1 100.00	R 1 100.00
	1	Orange Light 0.20mm 46m roll dispenser	R1 270.00	R 1 270.00
	1	Lime Green Medium 0.25mm 46m roll dispenser	R1 535.00	R 1 535.00
	1	Blueberry Heavy 0.30mm 46m roll dispenser	R1 795.00	R 1 795.00
	1	Plum Extra Heavy 0.40mm 46m roll dispenser	R2 250.00	R 2 250.00
	1	Grey Super Heavy 0.45mm 46m roll dispenser	R2 525.00	R 2 525.00
	1	Peach Extra Light 0.15mm 30 pieces (1.5m)	R1 100.00	R 1 100.00
	1	Orange Light 0.20mm 30 pieces (1.5m)	R1 270.00	R 1 270.00
	1	Lime Green Medium 0.25mm 30 pieces (1.5m)	R1 535.00	R 1 535.00
	1	Blueberry Heavy 0.30mm 30 pieces (1.5m)	R1 795.00	R 1 795.00
	1	Plum Extra Heavy 0.40mm 30 pieces (1.5m)	R2 250.00	R 2 250.00
	1	Grey Super Heavy 0.45mm 30 pieces (1.5m)	R2 525.00	R 2 525.00

# **TWIST & BENDS**





#### CanDo Twist-n-Bend Exercisers

The CanDo flexible hand bar exerciser is a lightweight, portable exerciser designed to strengthen muscles in the hand, wrist and shoulder. Also promotes coordination and increases range-of-motion. The bar is a perfect size for twisting and bending it. Perform oscillation movements for neuromuscular and balance training. Use for soft tissue and joint mobilization. The 12 inch long rubber bar utilizes the same graduated progressive color code as other CanDo products (tan - xx-light, yellow - xlight, red - light, green - medium, blue - firm, and black - x-firm). Consistent bar diameter and length throughout resistances means you use the same muscles with each resistance.

FAB10-1510	1	12" (30cm) Tan, XX-Light	R517.50	R 517.50
FAB10-1511	1	12" (30cm) Yellow, X-Light	R517.50	R 517.50
FAB10-1512	1	12" (30cm) Red, Light	R517.50	R 517.50
FAB10-1513	1	12" (30cm) Green, Medium	R517.50	R 517.50
FAB10-1514	1	12" (30cm) Blue, Heavy	R517.50	R 517.50
FAB10-1515	1	12" (30cm) Black, X-Heavy	R517.50	R 517.50
FAB10-1516	1	12" (30cm) 6 piece (tan to black)	R2 975.63	R 2 975.63

# **SQUEEZE & FLEXION EXERCISERS**



# CanDo® Gel Squeeze Ball - Standard Circular

CanDo® Gel Squeeze Ball hand exerciser for grip strength, dexterity, mobility, and fine and gross motor skills. Heat or chill for use in hot or cold therapy.

Available in 6 color-coded resistance levels.

Each level (firmness) available in circular or egg shape.

Balls can withstand temperatures ranging from -24.44 degrees Celsius to 75 degrees Celsius.

FAB10-1490	1	FAB10-1490, Squeeze Ball, Tan XX-Light	R194.06	R 194.06
FAB10-1491	1	FAB10-1491, Squeeze Ball, Yellow X-Light	R194.06	R 194.06
FAB10-1492	1	FAB10-1492, Squeeze Ball, Red Light	R194.06	R 194.06
FAB10-1493	1	FAB10-1493, Squeeze Ball, Green Medium	R194.06	R 194.06
FAB10-1494	1	FAB10-1494, Squeeze Ball, Blue Firm	R194.06	R 194.06
FAB10-1495	1	FAB10-1495, Squeeze Ball, Black X-Heavy	R194.06	R 194.06
FAB10-1496	1	CanDo Gel Squeeze Ball - Standard Circular - 6-piece set (tan yellow, red, green, blue, black)	R970.31	R 970.31



# CanDo® Gel Squeeze Ball - Large Cylindrical (Egg Balls)

CanDo Gel Squeeze Ball hand exerciser for grip strength, dexterity, mobility, and fine and gross motor skills.

Heat or chill for use in hot or cold therapy Available in 6 color-coded resistance levels.

Each level (firmness) available in circular or egg shape.

Balls can withstand temperatures ranging from -76 degrees Fahrenheit to 167 degrees Fahrenheit

FAB10-1890	1	FAB10-1890, Egg Ball, Tan, XX-Light	R219.94	R 219.94
FAB10-1891	1	FAB10-1891, Egg Ball, Yellow, X-Light	R219.94	R 219.94
FAB10-1892	1	FAB10-1492, Egg Ball, Red, Light	R219.94	R 219.94
FAB10-1893	1	FAB10-1493, Egg Ball, Green, Medium	R219.94	R 219.94
FAB10-1894	1	FAB10-1494, Egg Ball, Blue, Firm	R219.94	R 219.94
FAB10-1895	1	FAB10-1495, Egg Ball, Black, X-Heavy	R219.94	R 219.94
FAB10-1896	1	CanDo Gel Squeeze Ball - Large Cylindrical - 6-piece set (tan, yellow, red, green, blue, black):	R1 229.06	R 1 229.06



# Slo-Foam™ Hand Exercisers

Excellent for water exercises.

Made of open-cell Slo-Foam™ with slow recovery and 100% memory. Useful for low-resistance squeezing exercises. Ideal for finger flexion exercises in contrast baths. Progressive resistances offer for a graded exercise program.



NC59551	1	Slo-Foam™ Hand Exercisers, 3-Pack Yellow Extra-Soft	R181.13	R 181.13
NC59552	1	Slo-Foam™ Hand Exercisers, 3-Pack Pink Soft	R181.13	R 181.13
NC59553	1	Slo-Foam™ Hand Exercisers, 3-Pack Blue Medium	R181.13	R 181.13
NC59551-32	1	Slo-Foam™ Hand Exercisers, 32-Pack Yellow Extra-Soft	R1 715.13	R 1 715.13
NC59552-32	1	Slo-Foam™ Hand Exercisers, 32-Pack Pink Soft	R1 715.13	R 1 715.13
NC59553-32	1	Slo-Foam™ Hand Exercisers, 32-Pack Blue Medium	R1 715.13	R 1 715.13
NC59554-32	1	Slo-Foam™ Hand Exercisers, 32-Pack Green Firm	R1 715.13	R 1 715.13
NC59550	1	Slo-Foam™ Hand Exercisers, Assortment Pack 12-Pack Four of each resistance	R589.74	R 589.74



# CanDo Foam Ball Hand Exercisers

CanDo Memory foam hand held balls are perfect for the early stages of hand therapy. The balls are pliable and workable just like exercise putty. The balls are color-coded in 3 levels for resistance.

FAB10-0776	1	CanDo Memory Foam Squeeze Ball - 2.5" diameter - Yellow, x-easy	R82.80	R 82.80
FAB10-0776-12	1	CanDo Memory Foam Squeeze Ball - 2.5" diameter - Yellow, x-easy, dozen	R905.63	R 905.63
FAB10-0777	1	CanDo Memory Foam Squeeze Ball - 3.0" diameter - Red, easy	R95.74	R 95.74
FAB10-0777-12	1	CanDo Memory Foam Squeeze Ball - 3.0" diameter - Red, easy, dozen	R1 099.69	R 1 099.69
FAB10-0778	1	CanDo Memory Foam Squeeze Ball - 3.5" diameter - Green, medium	R108.68	R 108.68
FAB10-0778-12	1	CanDo Memory Foam Squeeze Ball - 3.5" diameter - Green, medium, dozen	R1 293.75	R 1 293.75
FAB10-0779	1	CanDo Memory Foam Squeeze Ball - 3-piece set (yellow, red, green)	R271.69	R 271.69
FAB10-0779-12	1	CanDo Memory Foam Squeeze Ball - 3-piece sets (yellow, red, green), dozen	R3 169.69	R 3 169.69



# CanDo Digi-Squeeze Hand Exercisers

CanDo Digi-Squeeze hand exerciser is a hand-held foam exercise ball for squeezing that helps develops isolated finger strength, flexibility, and coordination for rehabilitation of carpel tunnel, arthritis, stroke, fractures, tendon injury, nerve lacerations, tennis elbow and more. The ball comes with exercise pamphlet and is available in three different sizes for small, medium, and large hands, and 5 different resistances. Each ball has finger and thumb positioning indents and markings for both left and right handed use.



FAB10-1980	1	CanDo Digi-Squeeze hand exerciser - Medium - Yellow, x-light	R160.43	R 160.43
FAB10-1981	1	CanDo Digi-Squeeze hand exerciser - Medium - Red, light	R160.43	R 160.43
FAB10-1982	1	CanDo Digi-Squeeze hand exerciser - Medium - green, moderate	R160.43	R 160.43
FAB10-1983	1	CanDo Digi-Squeeze hand exerciser - Medium - Blue, firm	R160.43	R 160.43
FAB10-1984	1	CanDo Digi-Squeeze hand exerciser - Medium - Black, x-firm	R160.43	R 160.43
FAB10-1985	1	CanDo Digi-Squeeze hand exerciser - Medium - set of 5 pieces (yellow, red, green, blue, black), no rack	R776.25	R 776.25
FAB10-1986	1	CanDo Digi-Squeeze hand exerciser - Medium - set of 5 pieces (yellow, red, green, blue, black), with rack	R1 164.38	R 1 164.38
FAB10-1990	1	CanDo Digi-Squeeze hand exerciser - Large - Yellow, x-light	R168.19	R 168.19
FAB10-1991	1	CanDo Digi-Squeeze hand exerciser - Large - Red, light	R168.19	R 168.19
FAB10-1992	1	CanDo Digi-Squeeze hand exerciser - Large - green, moderate	R168.19	R 168.19
FAB10-1993	1	CanDo Digi-Squeeze hand exerciser - Large - Blue, firm	R168.19	R 168.19
FAB10-1994	1	CanDo Digi-Squeeze hand exerciser - Large - Black, x-firm	R168.19	R 168.19
FAB10-1995	1	CanDo Digi-Squeeze hand exerciser - Large - set of 5 pieces (yellow, red, green, blue, black), no rack	R776.25	R 776.25
FAB10-1996	1	CanDo Digi-Squeeze hand exerciser - Large - set of 5 pieces (yellow, red, green, blue, black), with rack	R1 164.38	R 1 164.38
FAB10-1920	1	CanDo Digi-Squeeze hand exerciser - rack unit only	R426.94	R 426.94

# HandMaster Plus Hand Exercisers



Strengthens hand, wrist and forearm muscles.

Consists of a foam ball and rubber exercise cords. Includes cords for both large and small hands.

Strengthens the extensor muscles that open the hand and spread the fingers.

Exercises fingers and thumbs through their full range of motion.

Can be used to treat the following conditions: carpal tunnel syndrome; lateral or medial epicondylitis; wrist, finger and thumb fractures and sprains; stroke rehabilitation; spinal cord trauma; rheumatoid arthritis; contracture syndromes and repetitive stress injuries.

Includes illustrated exercises.

Three resistances available.

Does not contain natural rubber latex.

NC52142-1	1	Handmaster Plus, Soft (Purple)	R569.94	R 569.94
NC52142-2	1	Handmaster Plus™, Medium (Red)	R569.94	R 569.94
NC52142-4	1	Handmaster Plus™, Set of 3 (one of each resistance)	R855.88	R 855.88



# CanDo Digi-Extend n' Squeeze Hand Exercisers





FAB10-2280	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - Yellow, x-light	R388.13	R 388.13
FAB10-2281	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - Red, light	R388.13	R 388.13
FAB10-2282	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - Green, moderate	R388.13	R 388.13
FAB10-2283	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - Blue, heavy	R388.13	R 388.13
FAB10-2284	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - Black, x-heavy	R388.13	R 388.13
FAB10-2285	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - 5-piece set (yellow, red, green, blue, black), no stand	R1 811.25	R 1 811.25
FAB10-2286	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Medium - 5-piece set (yellow, red, green, blue, black), with stand	R2 199.38	R 2 199.38
FAB10-2290	1	Corp. Districted of Courses Hand Superior Lane, Valley, which		
	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Yellow, x-light	R388.13	R 388.13
FAB10-2291	1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Yellow, X-light  CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Red, light	R388.13 R388.13	R 388.13 R 388.13
	1 1			
FAB10-2291	1 1 1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Red, light	R388.13	R 388.13
FAB10-2291 FAB10-2292	1 1 1 1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Red, light CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Green, moderate	R388.13 R388.13	R 388.13 R 388.13
FAB10-2291 FAB10-2292 FAB10-2293	1 1 1 1 1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Red, light CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Green, moderate CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Blue, heavy	R388.13 R388.13 R388.13	R 388.13 R 388.13 R 388.13
FAB10-2291 FAB10-2292 FAB10-2293 FAB10-2294	1 1 1 1 1 1	CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Red, light CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Green, moderate CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Blue, heavy CanDo Digi-Extend n' Squeeze Hand Exerciser - Large - Black, x-heavy	R388.13 R388.13 R388.13 R388.13	R 388.13 R 388.13 R 388.13 R 388.13



# CanDo rubber-band hand exerciser, with 25 bands (5 each: tan, yellow, red, green, blue):

Ideal for hand and finger flexion exercises.

Vary resistances by increasing or decreasing number of rubber bands attached to the exerciser, or by changing to a different color-coded set of bands.

The Range-of-motion (ROM) may be decreased by using the flexion limiter.

Each exerciser comes with 5 red bands OR 5 sets of color-coded bands (25 bands - 5 of each color).

Available with latex or latex free bands.

See specific product title for contents.

FAB10-0800	1	CanDo rubber-band hand exerciser, with 5 red bands		R253.58	R 253.58
FAB10-1800	1	CanDo rubber-band hand exerciser, with 25 bands (5 each: tan, yellow, red, green, blue)		R277.73	R 277.73
FAB10-1800	1	Additional Latex Free Bands - Tan - XX-Light - 25 Bands Only	Decide the second	R125.58	R 125.58
FAB10-0800	1	Additional Latex Free Bands - Yellow - X-Light - 25 Bands Only		R137.66	R 137.66
FAB10-1800	1	Additional Latex Free Bands - Red - Light - 25 Bands Only		R144.90	R 144.90
FAB10-0800	1	Additional Latex Free Bands - Green - Medium - 25 Bands Only		R149.73	R 149.73
FAB10-1800	1	Additional Latex Free Bands - Blue - Heavy - 25 Bands Only		R156.98	R 156.98
FAB10-1800	1	Additional Latex Free Bands - 25 bands (5 each: tan, yellow, red, green, blue)		R193.20	R 193.20





#### Norco™ Hand Exercisers

For light resistance, loop a single rubber band around the top bar of the sliding finger grip.

Attach additional rubber bands to increase resistance.

Five rubber bands are included, each providing approximately 4 lbs. (1.8kg) of force.

For even greater adjustability, try the Deluxe Hand Exerciser

Two metal thumb screws may be adjusted to change the length of pull to best fit hand size or desired range of motion. The foam hand grip offers increased comfort.

Note: The wider the hand, the greater the resistance

NC52000	1	Norco™ Hand Exercisers Standard	R227.98	R 227.98
NC52001	1	Norco™ Hand Exercisers Deluxe	R266.13	R 266.13



#### Color-Coded Latex-Free Rubber Bands

Synthetic elastic colored bands for a varity of uses.

These Color-Coded Latex-Free Rubber Bands are latex-free and measurements are based on estimated pounds of force.

Sold in 3 oz. bags.

Flat Length:	3-1/2"	(8.89cm).	

NC52011-1	1	Color-Coded Latex-Free Rubber Bands, NC52011-1 1.4kg Yellow 3mm	R195.62	R 195.62
NC52011-2	1	Color-Coded Latex-Free Rubber Bands, NC52011-2 3.2kg Red 6mm	R195.62	R 195.62
NC52011-3	1	Color-Coded Latex-Free Rubber Bands, NC52011-3 5.0kg Green 9.5mm	R195.62	R 195.62
NC52011-4	1	Color-Coded Latex-Free Rubber Bands, NC52011-4 6.4kg Blue 1.27cm	R195.62	R 195.62





### Fixed resistance hand grip

CanDo ErgoGrip Hand Exerciser is sold in pairs. Weight equals the amount of force needed to fully compress the fixed ErgoGrip handles. The new CanDo resistance sequence on these ergonomic grips covers any needs from the earliest stages of rehabilitation after stroke (yellow) to advanced athletic training (black). The force equivalent doubles with each level so you can work your way up.



FAB10-1804	1	CanDo Ergonomic Hand Grip, Pair - Yellow, x-light - 3 lb	a a a	R207.00	R 207.00
FAB10-1805	1	CanDo Ergonomic Hand Grip, Pair - Red, light - 6 lb		R207.00	R 207.00
FAB10-1806	1	CanDo Ergonomic Hand Grip, Pair - Green, moderate - 12 lb		R207.00	R 207.00
FAB10-1807	1	CanDo Ergonomic Hand Grip, Pair - Blue, heavy - 24 lb		R207.00	R 207.00
FAB10-1808	1	CanDo Ergonomic Hand Grip, Pair - Black, x-heavy - 48 lb		R207.00	R 207.00
FAB10-1809	1	CanDo Ergonomic Hand Grip, Pair - 5 pair set (yellow, red, green, blue, black)		R970.31	R 970.31





# **CanDo Digi-Extend Hand Exercisers**

A unique device that isolates the extension of all five fingers and each of the individual finger joints. Using resistive bands, the unit develops each finger individually or the entire hand. Units come complete with resistance bands of four different levels. Not only for fingers, the Digi-Extend also builds hand and forearm strength to aid in the rehabilitation of carpal tunnel, arthritis, stroke, fractures, tendon injuries, nerve lacerations and tennis elbow.

FAB10-0775	1	CanDo Digi-Extend Hand Exerciser with 14 Bands (5 Tan, 4 Yellow, 3 Red, 2 Green)	R711.56	R 711.56
FAB10-0777	1	CanDo Digi-Extend Exercisers, Set of 4, 56 Bands Total (20 Tan, 16 Yellow, 12 Red, 8 Green), Metal Stand	R3 040.31	R 3 040.31
FAB10-0776	1	CanDo Digi-Extend Exerciser, Accessory, 4-Position Metal Stand Only	R1 035.00	R 1 035.00





# CanDo Digi-Flex hand exerciser

The CanDo Digi-Flex develops isolated finger strength, flexibility and coordination as it builds hand and forearm strength. Use each button independently to exercise fingers or compress the entire unit for complete hand and forearm strengthening. Comes with illustrated manual. Develops isolated finger strength, flexibility, and coordination. Stronger fingers cannot compensate for weaker ones. Progressive color-coded resistance gives patient positive feedback. Also builds hand and forearm



CARRO				
The second secon	1	CanDo Digi-Flex hand exerciser - set of 5 (yellow, red, green, blue, black), with plastic rack:	R2 910.94	R 2 910.9
FAB10-0745	1	CanDo Digi-Flex hand exerciser - set of 5 (yellow, red, green, blue, black), no rack:	R2 458.13	R 2 458.1
FAB10-0753	1	CanDo Digi-Flex hand exerciser - Gold, xxx-heavy - Finger (13.0 lb) / hand (45.0 lb):	R517.50	R 517.50
FAB10-0752	1	CanDo Digi-Flex hand exerciser - Silver, xx-heavy - Finger (11.0 lb) / hand (38.0 lb):	R517.50	R 517.50
FAB10-0744	1	CanDo Digi-Flex hand exerciser - Black, x-heavy - Finger (9.0 lb) / hand (31.0 lb):	R517.50	R 517.50
FAB10-0743	1	CanDo Digi-Flex hand exerciser - Blue, heavy - Finger (7.0 lb) / hand (23.0 lb):	R517.50	R 517.50
FAB10-0742	1	CanDo Digi-Flex hand exerciser - Green, medium - Finger (5.0 lb) / hand (16.0 lb):	R517.50	R 517.50
FAB10-0741	1	CanDo Digi-Flex hand exerciser - Red, light - Finger (3.0 lb) / hand (10.0 lb):	R517.50	R 517.5
FAB10-0740	1	CanDo Digi-Flex hand exerciser - Yellow, x-light - Finger (1.5 lb) / hand (5.0 lb):	R517.50	R 517.5
FAB10-0751	1	CanDo Digi-Flex hand exerciser - Tan, xx-light - Finger (0.75 lb) / hand (2.5 lb):	R517.50	R 517.5

# **POWER WEBS**

# CanDo® Hand Exercise Web - Low Powder

Use to exercise the forearm, wrist, fingers, and thumb.



CanDo® hand therapy exercise web is used in hand therapy for flexion, extension, opposition, and supination exercises. Resistance may be modified by adjusting the hand position, depth of finger insertion, or by moving to a different resistance (color) web. The CanDo® exercise web is available in both the standard 14 inch diameter size and the small 7 inch diameter size in both low-powder and no-latex formulations. Two special multi-resistance webs are available in only the 14 inch diameter low-powder formulation

Available in five resistance levels.

FAB10-0860	1	FAB10-0860, XX-Light Beige (18cm)	R517.50	R 517.50
FAB10-0861	1	FAB10-0861, X-Light Yellow (18cm)	R517.50	R 517.50
FAB10-0862	1	FAB10-0862, Light Red (18cm)	R517.50	R 517.50
FAB10-0863	1	FAB10-0863, Medium Green (18cm)	R517.50	R 517.50

Item number   Qty   Item Description	Unit Price Incl	T-4-10 1
FAB10-0865         1         FAB10-0865, X-Heavy Black (18cm)           FAB10-0850         1         FAB10-0850, XX-Light Beige (35cm)           FAB10-0851         1         FAB10-0851, X-Light Yellow (35cm)           FAB10-0852         1         FAB10-0852, Light Red (35cm)           FAB10-0853         1         FAB10-0853, Medium Green (35cm)           FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	VAT	Total Price Incl VAT
FAB10-0865         1         FAB10-0865, X-Heavy Black (18cm)           FAB10-0850         1         FAB10-0850, XX-Light Beige (35cm)           FAB10-0851         1         FAB10-0851, X-Light Yellow (35cm)           FAB10-0852         1         FAB10-0852, Light Red (35cm)           FAB10-0853         1         FAB10-0853, Medium Green (35cm)           FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	R517.50	R 517.50
FAB10-0851         1         FAB10-0851, X-Light Yellow (35cm)           FAB10-0852         1         FAB10-0852, Light Red (35cm)           FAB10-0853         1         FAB10-0853, Medium Green (35cm)           FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	R517.50	R 517.50
FAB10-0852         1         FAB10-0852, Light Red (35cm)           FAB10-0853         1         FAB10-0853, Medium Green (35cm)           FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	R905.63	
FAB10-0853         1         FAB10-0853, Medium Green (35cm)           FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	R905.63	
FAB10-0854         1         FAB10-0854, Heavy Blue (35cm)           FAB10-0855         1         FAB10-0855, X-Heavy Black (35cm)	R905.63	1
FAB10-0855 1 FAB10-0855, X-Heavy Black (35cm)	R905.63 R905.63	
	R905.63	
FAB10-0857 1 FAB10-0857, Multi-resistance Yellow/Green (35cm)	R1 035.00	
FAB10-0859         1         FAB10-0859, Multi-resistance Red/Blue (35cm)	R1 035.00	R 1 035.00
SENSORY		
Sensory Bean Bags - Set of 5		
1 Washable Bean Bags used to challenge and develop coordination.	R440.00	R 440.00
10x10 cm		
Soft Pencil Grips	•	•
Use with both pens and pencils.		
ose with both pens and pensils.		
Soft Pencil Grips are contoured to fit comfortably in the hand.		
Helps prevent "writer's bump."		
Full commendation from the American Arthritis Foundation and endorsed by the National Parenting Center.		
The Jumbo model is 40% larger than the Regular.  The Jumbo model effers extended comfert and support up to the second knuskle.		
The Jumbo model offers extended comfort and support up to the second knuckle.  Both are come in assorted colors.		
Available in a pack of three.		
NC21034-3 1 Soft Pencil Grips, Regular, Pack of 3	R248.26	R 248.26
NC21034-12 1 Soft Pencil Grips, Regular, Pack of 12	R855.88	R 855.88
NC21037-3 1 Soft Pencil Grips, Jumbo, Pack of 3	R339.55	+
NC21037-12 1 Soft Pencil Grips, Jumbo, Pack of 12	R1 320.52	R 1 320.52
Writing Grips		
witting Grips		
Roll-proof grips offer a comfortable hold.		
1	R126.55	R 126.55
Writing Grips can provide increased comfort and control while writing.		
These soft, plastic, bulb-shaped grips slip onto any standard size pen or pencil.  Sold in packages of 3.		
Join III packages of 3.		
TENS & ACCESSORIES		
Eco-Stim™ TENS and EMS NC89481		
Combo unit provides safe, drug-free pain relief.		
22 treatment modes. 6 modes allow Time Frequency and Pulse Width customization.		
	R1 929.59	R 1 929.59
TENS, EMS, and Massage wave forms.	11 525.55	1 1 323.33
TENS, EMS, and Massage wave forms. 40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load).		
TENS, EMS, and Massage wave forms.  40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load). Output frequency: 2-100Hz.		
TENS, EMS, and Massage wave forms.  40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse.		
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TENS, EMS, and Massage wave forms. 40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 0hm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse. Belt clip for on-the-go pain relief. Not made with natural rubber latex. Available for over-the-counter (OTC) sales distribution. Includes: (4) 2" x 2" square reusable electrodes, (2) lead wires, (3) AAA batteries, (1) belt clip, instructional manual. Lead Wires Replacement: Item NC88404-LW		
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TENS, EMS, and Massage wave forms.  40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 0hm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse. Belt clip for on-the-go pain relief. Not made with natural rubber latex. Available for over-the-counter (OTC) sales distribution. Includes: (4) 2" x 2" square reusable electrodes, (2) lead wires, (3) AAA batteries, (1) belt clip, instructional manual. Lead Wires Replacement: Item NC88404-LW	R335.69	R 335.69
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TENS, EMS, and Massage wave forms. 40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse. Belt clip for on-the-go pain relief. Not made with natural rubber latex. Available for over-the-counter (OTC) sales distribution. Includes: (4) 2" x 2" square reusable electrodes, (2) lead wires, (3) AAA batteries, (1) belt clip, instructional manual. Lead Wires Replacement: Item NC88404-LW  NC88404-LW  1 Replacement Lead Wire, 3.75 ft (pack of 2)  Roovjoy, TENS & EMS & Massage, Model 3 in 1 PRO  The 3 in 1 PRO is rechargeable, uses the latest technology and has 60 built in TENS, EMS, Massage programs and Body mapping for use.  TENS + EMS + MASSAGE + Two separate channels which enables you to run two different intensities at the same time providing flexibility faster pain relief and targeted treatment.  PROGRAMS: 30 Preset TENS programmes including HAN 27 Preset EMS programmes 3 Preset MASSAGE programmes 3 Preset MASSAGE programmes	or ease reater	
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TENS, EMS, and Massage wave forms. 40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse. Belt clip for on-the-go pain relief. Not made with natural rubber latex. Available for over-the-counter (OTC) sales distribution. Includes: (4) "x 2" square revasble electrodes, (2) lead wires, (3) AAA batteries, (1) belt clip, instructional manual. Lead Wires Replacement: Item NC88404-LW  NC88404-LW  1 Replacement Lead Wire, 3.75 ft (pack of 2)  Roovjoy, TENS & EMS & Massage, Model 3 in 1 PRO  The 3 in 1 PRO is rechargeable, uses the latest technology and has 60 built in TENS, EMS, Massage programs and Body mapping f of use.  TENS + EMS + MASSAGE + Two separate channels which enables you to run two different intensities at the same time providing flexibility faster pain relief and targeted treatment.  PROGRAMS: 30 Preset TENS programmes including HAN 27 Preset EMS programmes 3 Preset MASSAGE programmes 3 Preset MASSAGE programmes 3 Customisable programmes to set up your own treatment plan 60 Intensity levels 120mA output 5-90 minute adjustable treatment time Rechargeable via USB with a 12 Hour treatment time per charge	or ease reater	
TENS, EMS, and Massage wave forms. 40 levels of output intensity with safety lock feature. Dual channel 120mA (at 500 Ohm load). Output frequency: 2-100Hz. Pulse width: 100-300 us per pulse. Belt clip for on-the-go pain relief. Not made with natural rubber latex. Available for over-the-counter (OTC) sales distribution. Includes: (4) 2" x 2" square reusable electrodes, (2) lead wires, (3) AAA batteries, (1) belt clip, instructional manual. Lead Wires Replacement: Item NC88404-LW  1 Replacement Lead Wire, 3.75 ft (pack of 2)  Roovjoy, TENS & EMS & Massage, Model 3 in 1 PRO  The 3 in 1 PRO is rechargeable, uses the latest technology and has 60 built in TENS, EMS, Massage programs and Body mapping for use.  TENS + EMS + MASSAGE + Two separate channels which enables you to run two different intensities at the same time providing flexibility faster pain relief and targeted treatment.  PROGRAMS: 30 Preset EMS programmes 3 Preset MASSAGE programmes 3 Customisable programmes to set up your own treatment plan 60 Intensity levels 120mA output 5-90 minute adjustable treatment time	or ease reater	

<u> </u>			1	<u> </u>
Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	1	Conductive Stimulation Glove, includes connector and 50x50mm skin electrode.	R195.00	
	1	Conductive Sock, includes connector and 50x50mm skin electrode.	R225.00	R 225.00
	1	Conductive Elbow Sleeve, includes connector and 50x50mm skin electrode.	R255.00	R 255.00
6	1	8 x dual lead wire kit	R180.00	R 180.00
	1	50x50mm (Pack of 4) hypoallergenic aqueous long term reusable skin electrodes	R75.00	R 75.00
	1	100x50mm (Pack of 4) hypoallergenic aqueous long term reusable skin electrodes	R165.00	R 165.00
A. A.	1	Conductive Knee Sleeve, includes connector and 50x50mm skin electrode	R285.00	R 285.00
		Norco™ Multi-Use Electrodes  Superior quality, outstanding adhesion, multiple gel layer technology Available in a variety of shapes and sizes. Each lead wire interface is customized for each electrode to optimize current distribution for every shape and size. Hydrogel is optimized for durability. Personalized packaging for patient data usage. Can be used for multiple applications. Superior quality. FDA cleared for over-the-counter purchase. Available with a foam or cloth back. Not made with natural rubber latex.	Personalized packaging for patient of	data usage.
NC89231	1	Cloth Back NC89231, 3.2cm Round White, 4 per pack	R180.64	R 180.64
NC89232	1	Cloth Back NC89232, 5.1cm, Round Tan, 4 per pack	R135.24	
NC89233	1	Cloth Back NC89233, 7cm, Round Tan, 4 per pack	R221.21	R 221.21
NC89234	1	Cloth Back NC89234, 5.1 x 5.1cm, Square Tan 4 per pack	R135.24	
NC89235 NC89209	1	Cloth Back NC89235, 5.1 x 10cm, Rectangle Tan 4 per pack Cloth Back NC89209, 7.6 x 13cm, Rectangle White 2 pack	R193.20 R203.34	R 193.20 R 203.34
		Electrode Sponges (Moist Pads)  Electrode Sponges come in various sizes and shapes which make them easier to accommodate the different sizes of rubber electrodes market today.  For best results the Electrode sponges should be thoroughly wet in order to ensure an even distribution of electrical current. These electrostrapped to the patient using Nylatex Wrap.  Electrode sponges are sold as single units (x1)	available on the	
MX-AS7.5	1	Electrode Sponges (Moist Pads) 7.5cm x 12cm	R222.18	R 222.18
MX-AS10	1	Electrode Sponges (Moist Pads) 6cm x 8cm	R175.49	



V A		Ultrasound Gel		
MX-AS10	1	Electrode Sponges (Moist Pads) 6cm x 8cm	R175.49	R 175.49
MX-AS7.5	1	Electrode Sponges (Moist Pads) 7.5cm x 12cm	R222.18	R 222.18

Ultrasound Gel is a viscous gel for general ultrasonography applications.

Available in clear or blue. Ultrasound Gel is also available with Arnica Oil for massage therapy.

ULTRASOUND GEL 5L - BAG WITH TAP R213.90 R 213.90

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
		MASSAGE		
	1	Norco™ Mini Vibrator NC70209  Quality and convenience, in a portable vibrator.  Ideal for scar massage, desensitization, muscle stimulation, oral stimulation and sensory re-education. Three natural silicone heads massage small muscle areas.  Select the ball, spot or flat disc attachment most appropriate for the area being massaged. The cap massages broader muscle areas.  This 5" (13cm) long, 5-1/2oz.(156g) vibrator easily fits in a briefcase or other types of baggage for travel.  Excellent for home use. Included size "C" battery is easy to insert and remove. Includes a 90-day warranty. Not made with natural rubber latex.	R580.00	R 580.00
CONC-LAMP-IR-REX-C-1082b- 275W	1	Mobile Infrared Lamp  Promotes blood circulation, relieves pain, reduces fat  Promotes perspiration removing toxins Improves body immune system  Adjustable arm  4 wheel steady castor base 220V / 50Hz	R2 880.00	R 2 880.00
	1	Arnica Oil 250ml Bottle  Arnica Oil is designed for use as a therapeutic massage oil.  Arnica rub is specifically formulated to reduce pain, bruising and swelling related to injuries.	R120.00	R 120.00
	1	Arnica Oil 500ml Bottle  Arnica Oil is designed for use as a therapeutic massage oil.  Arnica rub is specifically formulated to reduce pain, bruising and swelling related to injuries.	R170.00	R 170.00
	1	Arnica Oil 1 Litre Bottle  Arnica Oil is designed for use as a therapeutic massage oil.  Arnica rub is specifically formulated to reduce pain, bruising and swelling related to injuries.	R310.00	R 310.00
	1	Arnica Oil 5 Litre Bottle  Arnica Oil is designed for use as a therapeutic massage oil.  Arnica rub is specifically formulated to reduce pain, bruising and swelling related to injuries.	R1 380.00	R 1 380.00
Pure Relief Pure Relief Relief	1	Pure Relief Massage Cream, 500ml  Pure Relief Massage Cream is a topical analgesic cream providing maximum performance in massage and physical therapy treatment. Therapeutic massage is an integral part of the injury treatment process.  Use your Pure Relief massage cream for: Bruising, Muscle strains, Overworked and stiff muscles, Joint inflammation, Poor circulation	R500.00	R 500.00

# **Bio-Soothe Gel & Creams**

Bio-Soothe was produced, especially because pain can be so excruciating, and the unique combination of natural ingredients, especially MSM can help reduce pain, sore muscles, back pain, general aches, and pains, generally associated with arthritic conditions.

It can be used for: Bruising, Muscle strains, Overworked and stiff muscles, Joint inflammation, Poor circulation

# Features:

Reduces pain, sore muscles, back pain, general aches, and pains, generally associated with arthritic conditions.

Offers anti-inflammatory and pain relief

Pain relief from sore joints and other minor pains.

Natural ingredients such as MSM (Methylsulphonylmethane), Menthol and Camphor

Ingredients: MSM, Aqua (Water), Menthol, Camphor

TP-103897EA	1	BIO-SOOTHE COOLING ROLL -ON 80ML	R70.00	R 70.00
TP-103896EA	1	BIO-SOOTHE COOLING GEL 200ML	R70.00	R 70.00
BicSoothe. TP-38009EA	1	BIO-SOOTHE + MSM COOLING GEL 500ML	R100.00	R 100.00

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
TP-103894EA	1	BIO-SOOTHE HOT CREAM 500G	R110.00	R 110.00
TP-103893EA	1	BIO-SOOTHE HEMP CREAM 500G	R120.00	R 120.00
	1	Professional Massager  The Arends Senator Professional 3D Massager is a professional, flat vibrating massager that is fitted with powerful motor for tri- dimensional movement. Combining optimal ergonomically design with an optimal cooling-system and optimal balance. The Senator Professional 3D Massager features vertical as well as horizontal oscillations, providing a deep massage to relax the muscles and connective tissues. It's housing consists of impact-resistant synthetic-material and has been designed for the easy and inexpensive replacement of consumption parts.  FEATURES:  • Maintenance Free two speed electric motor (115 and 130 watts) • Rubber massage pad  • Includes Nylon hypermia brush, and smooth sponge rubber • Packaged in a convenient carry case with handle • Casing & massage plate are made from impact-resistant material • Designed to replace worn parts easily	R10 000.00	R 10 000.00
TP-99596EA	1	Master v1 Massage Gun  The Master V1 Massage Gun is crafted for serious athletes and fitness enthusiasts who demand the best in muscle recovery tools. With a powerful 3,200 rpm motor and a deeper 12mm amplitude, it penetrates deeper into the muscles to alleviate soreness and stiffness effectively.  Power - 3,200RPM Amplitude - 12mm 3,200RPM - Rotation Power 6HRS - Battery Life 450g - Lightweight Design 45dB - Low Noise Operarion  Versatile Attachments - Equipped with 6 different heads, the Master V1 offers versatile treatment options, catering to every muscle group and recovery need.  This makes it an essential part of any athlete's gear, providing comprehensive care from warm-up to cooldown.	R5 998.50	R 5 998.50
		CanDo Massage Balls		
		Hand held massage balls and rollers are used to help achieve muscle and tension release for all parts of the body. The "bumpy" textured surface also promotes sensory stimulation and is perfect for manual dexterity exercises.		
FAB30-1995	1	Massage ball, 7 cm (2.8 inches), Green	R90.56	R 90.56
FAB30-1996	1	Massage ball, 8 cm (3.2 inches), Yellow	R116.44	R 116.44
FAB30-1997	1	Massage ball, 9 cm (3.6 inches), Red	R142.31	R 142.31
FAB30-1998	1	Massage ball, 10 cm (4.0 inches), Blue	R181.13	R 181.13
FAB30-1999	1	Massage ball, 15 cm (6.0 inches), yellow	R375.19	R 375.19
		RESPIRATORY		
		Hospital Grade Ultrasonic Nebuliser (WH802)		
TATELON BOOK STATE OF THE STATE	1	The WH802 Hospital Grade Ultrasonic Nebuliser converts medicine into aerosol particles of 1 to 5µm (micron) to facilitate quicker and deeper absorption of medication into patients lungs. Liquid medicine atomizing particles can go into the inflamed parts of the respiratory tract directly to achieve fast and effective relief from pain and eliminating inflammation. With its double chamber and large nebulising volume it facilitates two people usage simultaneously.  - Large nebulising volume  - Great value for money  - Good stability and continuous working time  - Double-chamber, used for two person at the same time  - Works with almost no noise  - Compact and easy to use  Specifications and applications:  Particle size: 1 - 5µm (micron)  Nebulisation capacity: 4ml/min  Medicine cup capacity: 60ml  Nebulisation time: Continuously or from 0 to 60 min for time setting  Product size (mm):160(W) x 310(L) x 270(H)  Weight: 4.2 kg	R4 591.72	R 4 591.72

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
Tam Halian Made at 1 to 1	1	Mini-Max nebulizer  The Mini-Max nebulizer is designed for aerosol-therapy turning medication into an aerosol. The fine particles can reach deep into the airways allowing the medication to be absorbed.  Designed for home-care, the Mini-Max is supplied with a carrying bag making it convenient to transport and store the device with its accessories and medications.  Standard Accessories supplied with the unit:  HI-FLO Jet Nebulizer  *Adult Masks with elastic strings  *Mouthpiece  *Nosepiece (non invasive)  *Air Tube  *Air Filter  *Carrying Bag  *Detachable power cord  Technical Features:  *Compressor – Oiless and maintenance-free piston pump  *Power Feeding – 230V-50Hz  *Power consumption – 170 VA  *Max Pressure – 2.5 bar 36 psi 250 kPa  *Operating Pressure – 1.1 bar 16psi 110kPa  *Max Air Flow – 14 [/min  *Operating Air Flow – 4,8  /min  *Neb-rate with 4 ml solution – 0,35 ml/min  *Mass Median Aerodynamic Diameter – 2.44. μm (MMAD) according to EN-13544-1  *Respirable Fraction (< Sμm) – >80%  *Duty Cycle – on: 20min   Toff: 40min  *Noise Level – Approx. 60 dBA  *Weight – 1.45. kg  *Size (Main unit) – cm 13 x 10 x 15	R440.00	R 440.00
	1	CA-MI ONEPro Nebulizer - NEW PORTABLE DESIGN  Small, Practical, and Smart  USB Powered: ONEPro is not just a nebulizer; it's a lifestyle choice. It can be powered by any USB device, whether it's a power bank, laptop, or smartphone. No more worries about low batteries or recharging. Enjoy uninterrupted therapy whenever and wherever you need it.  Silent and Portable. Fast and Effective Nebulization: With compression technology, ONEPro guarantees quick and efficient nebulization of various medications (excluding hyaluronic acid). It's the ideal device for any type of use, offering versatility in managing your health.  Minimal Residual Volume: The result is a remarkably low residual volume of \$0.1 ml, which minimizes medication wastage and maximizes therapeutic efficacy.  Technical Data: Power Feeding: USB port input 5V, 1A from external power feeding Power Consumption: 2.0 W Neb-Rate: 0.22 ml/min MMAD (Mass Median Aerodynamic Diameter): 1.51 µ Respirable Fraction (< 5 µm): > 93% Duty Cycle: Non-stop Noise Level: \$35 dB (A) Weight: 18.0 g Size (Main Unit): 5.9 x 4.6 x 3.4 cm  Package Includes: ONEPro Nebulizer, USB cable, Two adapters (USB-C and Lightning), User Manual  ONEPro Nebulizer is not just a device; it's a lifestyle upgrade. Embrace the freedom to receive therapy anywhere, anytime, with maximum convenience and high therapeutic quality. The future of aerosol therapy is here, and it's called ONEPro.	R1 105.78	R 1 105.78
SA-SPRP	1	Spirometer 3-Ball-in-1 Upper Respiratory Exerciser  Cami Pulmogain Spirometer  Pulmo-gain is a single patient respiratory exerciser to train respiration through deep inspiration.  Triple chamber: 600-900-1200 cc/sec.  Different colours of the three spheres to identify three different flow values of each chamber  Made of shock-resistant material  Can be completely disassembled to clean every single part  External Air filter can be replaced easily at any moment  Pulmo-gain is PVC free and non toxic	R162.55	R 162.55
BRONCH-U-VIBE  THE ACTUAL TO A STATE OF THE AC	1	Flutter (Bronch-u-Vibe)  The Flutter Device (known locally as the Bronch-u-Vibe) is an easy to use medical Device that is used by people with respiratory conditions to help loosen Mucus Secretions (Phlegm) in the chest, Reduce Dyspnea, as well as improve overall lung capacity.  When the user Breathes out through the device it causes a small ball at the opposite end to vibrate, this in turn creates a resistance that helps to splint the airways open and loosens phlegm from the sides of the airways.  This device can be used at home by People with the following conditions  Asthma  Atelectasis  Bronchitis  Bronchiectasis  Cystic Fibrosis  Deep Breathing Exerciser for comprehensive respiratory fitness.  Chronic Obstructive Pulmonary Disease ) COPD	R351.90	R 351.90

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	2	Mediflo Duo Spirometer  The Mediflo Duo Spirometer is a respiratory exerciser for inspiration exercises (SMI) and expiration exercises (PEP).  With just a few adjustments it can be transformed from a respiratory exerciser for inspiration exercises (SMI) to a trainer for expiration exercises (PEP). Breathing out against resistance increases intrapulmonary pressure and not only reduces tracheobronchial collapse with unstable bronchial systems but also improves the transport secretions.  Advantages of the Mediflow Duo Spirometer as SMI Trainer:  Comfortable and simple adjustments of the resistance to flow by turning the cap. Thus easily adjustable to the performances of the patient  Motivating for the patient because of noticeable improvements in performance Safe because of the one-ball system, thus the patient is in control Safe because of the low starting value for flow and work of breathing  Advantages of the Mediflow Duo Spirometer as PEP Trainer:  Safe because of the floating indicator, showing a PEP pressure of 12 to 15 cm H2O. This makes it very easy to operate Comfortable and simple adjustment of the resistance to flow by turning the cap. Thus easily adjustable to the performance of the patient	R1 261.67	R 2 523.33
	1	ADULT / CHILD PEAK FLOW METER CODE: PFSAC  Model: Standard Low Range Identification: Clear (adult) White (child) Flow (I/min.) 60 to 900; 30 to 360 Accuracy 5% Approx. weight (gr.) 60g Quality Approvals: CE, FDA	R328.77	R 328.77
SA-SSASK36BR	1	ASKIR 36BR PORTABLE SURGICAL SUCTION UNIT - with Battery Back up  -Askir 36BR is a desk-type electrical suction unit for the aspiration of body liquids, oral, nasal and tracheal aspiration in adult or childrenThe appliance is designed for easy transport and almost continuous useThe unit is operated by means of an electronic power management system, also monitoring the internal battery operation and statusA LED system positioned on the front panel indicated appliance start-up and battery charge statusThe unit is equipped with suction regulator on the front panel and polycarbonate autoclavable jar complete with overflow valve. Thanks to these characteristics and to its functions, this device is particularly suitable for different applications: utilization in hospital wards, for tracheotomy, for suction of body liquids and for minor surgery.  Overall Dimensions: 350mm(L) x 210mm(H) x 180mm(W)  Capacity: 36l per minute Unit Weight: 4.39kg Power Feeding14v -4A with AC/DC Universal Adaper (100-240V ~ 50/60Hz – 100VA) Internal Rechargeable Pb Battery 12v – 4A) Car Adapter: (12v – 4A) Power Consumption: 4A  Maximum Vacuum: -0.80BAR, -80kPA, -600mmHG  Noise Level: 65,5db (with jar / 68,5dB (without jar) Standard Accessories: 1l autoclavable jar (max temp. 120°C); Cover with safety float; Silicone tubes 8 x 14mm; Conical Connector 10-11-12mm; AC/DC Universal Adapter 100-240V ~ 50/60Hz; Power Cord with Shuko plug for universal adapter; Internal Rechargeable battery; Antibacterial Filter  Quality Standard: CE	R11 361.90	R 11 361.90
	1	MINIASPEED BATTERY EVO PORTABLE SUCTION UNIT  Professional portable high flow - high vacuum aspirators with integrated rechargeable batteries. It works at 12 V power supply with rechargeable batteries or directly by mains supply, continuously at 110-230 V while recharging batteries. Up to 45 minutes of autonomy with fully charged battery. Made in Italy.  Technical Specifications  Operating voltage: with battery DC 12 V with power supply 100÷240 V ~ 50/60 Hz - 14 VDC 4,28A  Power consumption: max 50 W  Size: 134 x 378 x h 263 mm Weight: 4.7 kg  Bottle capacity: 2000 ml  Flow: 30 air litres/min  Sound level: 65 dBA at 1 m  Operating cycles: continuous (45 minutes battery autonomy)  MAX vacuum: 01 85 kPa  Internal battery: 12 VDC 4A h lead hermetic  Battery autonomy: about 45 minutes, recharging time approx 6 hours  With Standard accessories*	R13 363.00	R 13 363.00

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
SA-SSASK30C	1	ASKIR C30  MOBILE SURGICAL SUCTION UNIT (HIGH VACUUM / HIGH FLOW)  Easily transportable from one hospital ward to another, particularly suitable for tracheotomized patients, minor surgical applications and postoperative therapy at home  To be used for aspirating body fluids such as mucus or catarrh  Easily portable equipment designed on stand with mobile castor wheels. Intermittent duty cycle at 35°C and 110% operating voltage, 120 min ON / 60 min OFF  A series of LED's on the front control panel signals whether the machine is operating  Made of highly heat resistant, electrically insulated plastic material in conformity with the latest European safety standards  Supplied with a polycarbonate 2 x 2 litre autoclavable vessel complete with overflow valve  Equipped with aspiration regulator, located on the front panel  Motor: Oiless and maintenance-free piston pump  Power Feeding: 230V / 50Hz, 110 VA  ISO 10079-1Classification: HIGH VACUUM / HIGH FLOW  Max free air flow rate: 40 L/min  Max Vacuum (adjustable): -0,80 Bar  Weight: 6.2 Kg  dB: 61.5dB  Standard Accessories: 2 x 2l autoclavable jar (max temp. 121° C), Cover with safety float, Silicone tubes set 6 x 10 mm, Tube connectors, Antibacterial & Hydrophoic Filter	R 9 941.18	R 9 941.18
SA-SSASKC30BR/BAT	1	Askir C30 mobile Suction Unit with Battery Back-up	R 15 304.20	R 15 304.20
		PATIENT MONITORING & DIAGNOSTICS  Econocare Blood Pressure Monitor		
X-EC98003	1	The Econocare fully automatic electronic blood pressure monitor is for use by medical professionals or at home, and is a non-invasive blood pressures and pulse rate of an adult individual by using a non-invasive technique in which an inflatable cuff is wrapped around the upper arm.  FEATURES  22cm to 40cm Cuff  WHO Blood Pressure Risk Indicator  Arrhythmia Detection (IHB)  Movement error detection  Time & Date display  Low battery indication  Automatic switch off  240 memories (2 users x  120 measurements per user)  Average reading of last 3 measurements  Fully automatic monitor  Storage bag solution  CONTENTS  1 x Blood pressure monitor  1 x Upper Arm Cuff (22-40cm)  1 x Storage/carry bag  1 x User manual  Batteries	R580.00	R 580.00
	1	ANEROID BLOOD PRESSURE METER WITH SINGLE HEAD STETHOSCOPE  CODE: BPMA/STH Barcode: 6009705232437  Specifications:  • Aneroid and stethoscope combined  • Aneroid gauge calibrated from 0mmHg to 300mmHg  • Red zone on gauge between 80mmHg and 160 mmHg  • Navy blue washable adult size nylon cuff with single head stethoscope attached  • 2-tube adult size cuff and bladder  • Standard latex bulb and valve  • Vinyl zipper case  Packing Details: Single Unit – 1 complete set in cardboard box  Quality Approvals: CE, ISO	R259.46	R 259.46
	1	ANEROID POCKET DELUXE  CODE: BPMAPKD / KT-A10  BAR CODE: 6009705232529  Specifications:  • Economy type blood pressure monitor  • Shock-proof chrome plated gauge with protective ring  • Aneroid gauge calibrated from 0mmHg to 300mmHg  • Navy blue adult size cotton cuff  • 2-tube adult size cuff and bladder  • Standard latex bulb and inflation valve with spring  • Vinyl zipper case  Quality Approvals: CE, ISO	R260.61	R 260.61

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
Hood Pressure Monder FCI	1	ANEROID PALM - 5 CUFF SET WITH SINGLE HANDED CHROME GAUGE CODE: BPMAP5CS BAR CODE: 6009705232475 Specifications:  • Palm type blood pressure monitor • Aneroid gauge calibrated from 0mmHg to 300mmHg • Chrome casing 65mm diameter dial • 5 Navy blue washable cuffs. Sizes: Infant, Child, Adult, Obese and Thigh • Single Tube latex bladder in each cuff • Standard latex bulb and valve Quality Approvals: CE, ISO	R531.83	R 531.83
S9	1	SINOHERO - Fingertip Pulse Oximeter  S Range Pulse Oximeter is a portable equipment adopting advanced technology, it mainly checks SpO2 and PR value through the finger, which provides advanced, non-invasive and scientific means for quantitative measurement of oxygen saturation.  FEATURES: Easy Operation Convenient detection with universal display Accurate blood oxygen saturation and pulse rate Anti-ambient light interference and anti-motion technology Low power consumption Battery display and low power indicator Auto shutdown if no signal	R260.00	R 260.00
96 - 56 129 / 80 129 / 80 120	1	SM50 Hand-held Pulse Oximeter  Ergonomic design for point of care  Suitable for adult, pediatric and neonatal patients High resolution 3.5." color LCD display Selectable working modes: spot check and continuous monitoring Classic SpO2/TEMP/NIBP measurement available Up to 24 hours long battery life with recharge seat  Standard configuration: Digital SpO2 and waveform, PR, Perfusion indicator Supplied with: 1 Adult reusable SpO2 Sensor 1 neonatal reusable SpO2 wrap Sensor Rechargeable Lithium Battery (Brand new battery with fully charged ≥ 15 hours) charging base	R4 830.00	R 4 830.00
SM50+	1	SM50+ Patient Handheld vital signs monitor  Ergonomic design for point of care  Suitable for adult, pediatric and neonatal patients High resolution 3.5." color LCD display Selectable working modes: spot check and continuous monitoring Classic SpO2/TEMP/NIBP measurement available Up to 24 hours long battery life with recharge seat  Advanced configuration: SpO2, PR, built-in Li battery, charging base Including: NIBP, TEMP Supplied with: 1 Adult reusable SpO2 Sensor 1 neonatal reusable SpO2 wrap Sensor Rechargeable Lithium Battery (Brand new battery with fully charged ≥ 15 hours) Adult NIBP Cuff	R6 762.00	R 6 762.00
SM80	1	Hand-held Pulse Oximeter SM80  - View position auto-flip for easy view - Suitable for adults, pediatrics and neonatal patients - High solution 2.4" color LCD display - Selectable working modes: spot check and continuous monitoring - Adjustable audio and visual alarm - Long battery life with recharge seat  Standard configuration: Standard Digital SpO2, Pulse Rate, Plath bar & Spo2 waveform Supplied with: 1 Adult reusable SpO2 Sensor 1 paediatric reusable SpO2 Sensor 1 neonatal reusable SpO2 wrap Sensor Rechargeable lithium battery Package (include battery charger & AC-DC adapter) User Manual	R8 211.00	R 8 211.00

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	1	S80 Multi-Parameter Patient Monitor  - 10.4" color TFT display with maximum 10 waveforms - Power sofeware function include Large Font Trend,Arrhythmia and ST analysis - Pitch tone to provide audibly recognized SpO2 - Maximum 120-hour trends to review all parameters information - Wire or wireless networking with Central Monitoring Systems  Standard Configuration: ECG, RESP, SPO2, TEMP, PR, NIBP, Lithium Battery  Standard accessories list: 5-lead ECG cable (1) NIBP tube and Cuff (1) Temp probe (1) Internal Battery (1) ECG Electrodes (10PCS) SPO2 probe (1)	R12 799.50	R 12 799.50
	1	Rolling Stand (1 or 2 Basket + Height Adjustable)  Specification:  - Aluminum Alloy material made  - Slide-in mounting plate  - Caster: 7.3 cm diameter anti-static medical-level casters  - Star base: 70cm diameter  - Height: 80cm -125cm adjustable  Load Capacity  - Up to 30 kg  Color  - Standard: White  Application for: Patient monitor   Fetal monitor   ECG Machine   Portable Ultrasound Machine  Package Size and Weight: 72*72*27cm /8.0KG	R4 830.00	R 4 830.00
136-	1	- Slim and light design - 1.7" Sharp Color LCD display with backlight - Real time numeric and waveform display - High sensitivity interchangeable probe - User friendly interface for easy operation - Standard long life rechargeable Li-ion battery by USB charging - Automatic power-off for energy saving - Built-in Hi-Fi speaker and ear-phone output - waterproof probes available - Low power consumption  Standard accessories INCLUDED: Main Unit X 1 Probe X 1 Built-in Rechargeable Battery Charging Cable X 1 User Manual X 1 Carry Bag	R1 835.40	R 1 835.40
200°CS	1	T200 Infrared Thermometer  Dual Mode, Fast and Convenient  99 Memories Infrared sensor, Non-Contact Temperature Range: 32-42.9°C Maximum allowable error ±0.2°C Resolution 0.1°C Measure Position: Within 2.5 - 5cm of measured object Automatic Shutdown during waiting Battery: 2x AAA Batteries	R 120.00	R 120.00
PENLINE (CEME	1	PUPIL TORCH WITH PUPIL GAUGE CODE: PPT/PG BAR CODE: 6009705233595  •An innovative high lux and cool light diagnostic penlight •Chrome plated casing •Pocket clip press activator switch •Pupil gauge and slide rule •Uses AAA batteries x 2 (Not supplied)	R44.00	R 44.00
	1	DIAGNOSTIC SET - UNIVERSAL FULL SET  CODE : DIAGSUBL  Specifications:  •Stainless steel handle  •Ottoscope  •Ophthalmoscope  •Laryngeal mirrors 4&5  •Tongue blade holder  •Metal tongue blade depressor  •Nasal speculum  •White PVC case  •2 x 1.5V C-cell batteries (Not Supplied with Unit)	R2 628.68	R 2 628.68

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	1	Otoscope & Opthalmoscope OTP10B Fibre Optic Ottoscope (OT10) A Direct Opthalmoscope (OP10) Ear tips (2.4mm/3mm/4mm/5mm (2 sets) Carry Case Battery 2 x AA Alkaline Batteries Operating Temperature 10°C - 35°C Humidity 30% - 75% Air Pressure 700hPa – 1060hPA	R1 826.12	R 1 826.12
SA-OTT10G	1	OT10G Otoscope Components:  1. Bulb (LED) 2. Handle 3. Earmuffs (4 specifications, two sets for each) 2.4mm 3mm 4mm 5mm Packing material: 1. Plastic gift box 2. Color box 3. An instruction sheet Main feature: 1. The observation system uses a 3x magnifying glass to provide a wide-angle field of view and can be rotated. 2. 2.4mm 3mm 4mm 5mm four diameter earmuffs suitable for different sizes of ear canals	R519.35	R 519.35
	1	Direct Opthalmoscope OP10  Coaxial Parallel Light principle - Luminance – 14 Lumen  2 x Alkaline AA batteries  5 different apetures  19 kinds of adjustable corrective lenses, Range of lenses: - 20d - +20d  Standard Handle, handy and convenient  Operation Temperature: 10°C - 35°C  Humidity: 30% - 75%  Air Pressure: 700hPa – 1060hPa	R1 341.69	R 1 341.69
SA-TFC0128	1	Tuning Fork: C128Hz	R345.00	R 345.00
SA-TFC0156	1	Tuning Fork: C256Hz	R345.00	R 345.00
SA-TFC0512	1	Tuning Fork: C512Hz	R345.00	R 345.00
*	1	PATELLA HAMMER - TAYLOR	R36.66	R 36.66
	1	Patella Hammer Babinsky – Nylon Long Handle	R57.65	R 57.65
1	1	Bucks Hammer - Brush & Needle	R117.94	R 117.94
STJDRS	1	RAPPAPORT DELUXE STETHOSCOPES DUAL TUBE  Rappaport Deluxe Stethoscope's - 2 tubes in encased in a single outer tube  Specifications:  *Sprague Rappaport Type stethoscope *Stainless steel dual head *For adults *For adults *PVC tubing available in: Black, Blue, Green & Purple *Clear multi-pocket bag containing relevant accessories and replacement parts *Silver head — with two protective non-chill rings *230grams, bell — 110grams  Packing Details: Single Unit — 1 complete set in Cardboard Box (295mm x 125mm x 40mm), 380 grams  Quality Approvals: CE, ISO  Black — Code STHRDDH/BK / 6009705231928  TRP Black — Code STHRDDH/BL / 6009705231997  Blue — Code STHRDDH/BL / 6009705231900  Green — Code STHRDDH/BC / 6009705231942  Red — Code STHRDDH/RD / 6009705231980  Purple — Code STHRDDH/RD / 6009705231973	R123.46	R 123.46

Item number	Qty	ltem Description	Unit Price Incl VAT	Total Price Incl VAT
STIDD	1	DELUXE DUAL HEAD STETHOSCOPES – ADULT  Specifications:  *Dual head stethoscope  *For child / Adult  *Silver dual head  *Standard Y- tubing (Adult): Black, Blue, Green, Purple, Red  *Diameter of head (Adult): 47mm  Packing Details:  Single Unit – 1 complete set in cardboard box (190mm x 100mm x 20mm), 110 grams  Quality Approvals: CE, ISO  Black: STHDDH/BK  Blue: STHDDH/BC  Green: STHDDH/GR  Red: STHDDH/GD	R55.84	R 55.84
STHSCC1	1	Purole: STHDDH/PP  HI-CARE CLASSIC DUAL HEAD PROFESSIONAL STETHOSCOPE – ADULT  Specifications:  • Dual head stethoscope for Adult • Stainless Steel dual head • Stainless steel metal retaining ring • Binaural tubing assembly • Diameter of head (Adult): 45mm • Non chill rings • Colour co-ordinated trimmings  Packing Details (Adult): Single Unit – 1 complete set in cardboard box (375mm x 170mm x 45mm), 390g Quality Approvals: CE, ISO	R321.75	R 321.75
	1	Littmann Classic III – Black – Stainless Steel Stethoscope  Discover the 5620 Littmann Classic III – Black – Stainless Steel Stethoscope, a breakthrough in stethoscope technology. As the latest iteration in the renowned Littmann series, this brand new model sets a new industry standard, perfect for those looking to buy a stethoscope that's both innovative and reliable.  Featuring a versatile dual-sided chestpiece with tunable diaphragms for both adult and pediatric assessments. The single-piece diaphragm is easy to attach and clean, designed for optimal hygiene and maintenance. Convert the pediatric side to a traditional open bell with a non-chill rim for diverse patient care. Next-generation tubing offers enhanced durability, resisting skin oils, alcohol, and staining. Small diaphragm ideal for pediatric, small, or thin patients, and effective in carotid assessments. Perfect for various environments, including medical offices, general care units, and urgent care clinics. Customize your stethoscope with a range of vibrant colors to match your personal style.  Soft-sealing eartips and a non-chill bell sleeve ensure patient comfort and optimal acoustic performance. Made in the USA, latex-free for safety and environmental consciousness.	R2 990.00	R 2 990.00
\$\text{O}	1	3M Littmann Lightweight II S.E. Stethoscope  Lightest weight of all Littmann adult stethoscopes at just 118 grams.  Dual-sided chestpiece provides versatility of both a tunable diaphragm and open bell.  Teardrop-shaped chestpiece for easier positioning under blood pressure cuffs and around bandages.  Tunable diaphragm: Hear high or low frequency sounds by slightly adjusting pressure on the chestpiece.  Soft-sealing eartips provide an excellent acoustic seal and comfortable fit.  Latex free	R1 750.00	R 1 750.00

# **HOT / COLD THERAPY**

# **Relief Pak Heating Units**

Relief Pak Heating Units have the capacity to hold and heat various moist heat packs up to 175 degrees in an insulated hot water bath dependant on the chosen size. Moist heat and moist heat packs help treat acute and chronic pain, relieve aches and ease soreness and stiffness. They are ideal for recovery use post-injury and post-workout with a material that conforms to any body part and is pliable when heated. Moist heat is also more effective in deeper tissue heating and penetrates further than dry heat at the same temperature. This heating unit has an adjustable temperature control and features a glowing orange light that illuminates when the unit has reached its desired temperature. For best results, use moist heat packs at 160 degrees. The unit's compact stationary design allows it to easily sit on countertops. This heater runs on 220V. Comes with a removable plug set and fully illustrated user manual. Made from durable stainless steel that's perfect for high traffic clinics. The unique insulated design retains heat and prevents the exterior from becoming too hot and burning users. The on/off switch glows green when the unit is in use. Once drained, the unit is easy to clean. Use a soft cloth, sponge or non-abrasive cleaning pad to wipe down the unit and mild soaps and non-abrasive detergents to clean the surfaces. Do not use steel wool, bleach or cleaners with high chlorine contents. Versatile Relief Pak Heaters and Moist Heat Packs are designed for use at home or in multi-user environments. That's why they're highly recommended by physiotherapists, physicians, chiropractors, athletic trainers and kinesiologists.

• 10	1	Relief Pak Heating Unit, 4-Pack Capacity, Stationary, 220V: This Relief Pak Heating Unit has the capacity to hold and heat 4 moist heat packs up to 175 degrees in an insulated hot water bath.	R13 756.88	R 13 756.88	
FAB11-1991	1	Relief Pak Heating Unit, 6-Pack Capacity, Stationary, 220V: This Relief Pak Heating Unit has the capacity to hold and heat 6 moist heat packs up to 175 degrees in an insulated hot water bath.	R26 185.50	R 26 185.50	

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
FAB11-1994	1	Relief Pak Heating Unit, 8-Pack Capacity, Mobile, 220V: This Relief Pak Heating Unit has the capacity to hold and heat 8 moist heat packs up to 175 degrees in an insulated hot water bath.	R41 960.63	R 41 960.63
FAB11-1995	1	Relief Pak Heating Unit, 12-Pack Capacity, Mobile, 220V: This Relief Pak Heating Unit has the capacity to hold and heat 12 moist heat packs up to 175 degrees in an insulated hot water bath.	R47 092.50	R 47 092.50
FAB11-1996	1	Relief Pak Heating Unit, 24-Pack Capacity, Mobile, 220V: This Relief Pak Heating Unit has the capacity to hold and heat 24 moist heat packs up to 175 degrees in an insulated hot water bath.	R73 657.50	R 73 657.50



# Relief Pak® HotSpot® Moist Heat Packs

Relief Pak® moist heat packs and covers are a simple and effective method of applying moist heat. The moist heat packs provides 30 minutes of therapeutic moist heat to soothe discomfort from stiff neck, backache, arthritis, sprains and bruises. The pack can be heated in water on a stove, in a microwave or in a heating unit. When treatment is complete, the pack can be stored for future use. Always apply moist heat pack with a Relief Pak® cover or a heavy towel completely wrapped around the pack

	apply moist neat pack with a keller Pak® cover or a neavy towel completely wrapped around the pack			
FAB11-1205	1	Relief Pak® HotSpot® Moist Heat Pack - circular - 25cm diameter	R375.19	R 375.19
FAB11-1310	1	Relief Pak® HotSpot® Moist Heat Pack - standard size - 25cm x 30cm	R401.06	R 401.06
FAB11-1311	1	Relief Pak® HotSpot® Moist Heat Pack - neck contour - 17cm x 60cm	R465.75	R 465.75
FAB11-1312	1	Relief Pak® HotSpot® Moist Heat Pack - oversize - 38cm x 60cm	R905.63	R 905.63
FAB11-1313	1	Relief Pak® HotSpot® Moist Heat Pack - half size - 12cm x 30cm	R323.44	R 323.44
FAB11-1314	1	Relief Pak® HotSpot® Moist Heat Pack - spine-small size - 25cm x 45cm	R646.88	R 646.88
FAB11-1315	1	Relief Pak® HotSpot® Moist Heat Pack - spine-large size - 25cm x 60cm	R776.25	R 776.25
FAB11-1316	1	Relief Pak® HotSpot® Moist Heat Pack - knee-shoulder size - 25cm x 50cm	R776.25	R 776.25

# Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill



To protect the user from the very hot moist heat pack, all moist heat packs must be applied with either a hot pack cover or heavy towel completely wrapped around the pack.

The terry cloth hot pack cover allows therapeutic moist heat to penetrate without burning the skin. Hook and loop fasteners keep moist heat packs in place.

Soft microfiber finish gives comfortable feel. Covers are machine washable.

FAB11-1360 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - standard - 68.5cm x 49.5cm R646.88 R 646.88 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - neck - 22.86cm x 63.5cm R 646.88 FAB11-1361 1 R646.88 FAB11-1362 1 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - oversize - 62cm x 91.44cm R840.94 R 840.94 FAB11-1363 1 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - half size - 30cm x 38cm R517.50 R 517.50 FAB11-1364 1 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - standard with pocket - 50.8cm x 60.9cm R582.19 R 582.19 FAB11-1365 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - oversize with pocket - 62cm x 91.44cm R970.31 R 970.31 FAB11-1226 Relief Pak® HotSpot® Moist Heat Pack Cover - Terry with Foam-Fill - circular - 30cm diameter R646.88 R 646.88





# Relief Pak Cold n' Hot SensaFlex Compress

The Relief-Pak Cold n' Hot Compress has a comfortable soft fabric that conforms to the curves of your skin. Fabric is gentle on the skin, frost-free, and washable. Put the pack in microwave or chill in freezer. When heated, soothes discomfort from stiff neck, backache, arthritis, sprains and bruises. When chilled, soothes discomfort from injury, sprains and strains, muscle soreness, bruises, swelling and tension headaches. The non-toxic, non-crystallizing gel allows pack to contour and stay pliable when heated or chilled. The pack can be used with standard Velcro hook to hold pack in place.



FAB11-1291	1	Relief Pak Cold n' Hot SensaFlex Compress, Small (3" x 5")	R289.80	R 289.80
ਜ਼ਿਲਦਾ ਵਿਸ਼ਾਸਤ FAB11-1292	1	Relief Pak Cold n' Hot SensaFlex Compress, Medium (7" x 12")	R374.33	R 374.33
FAB11-1293	1	Relief Pak Cold n' Hot SensaFlex Compress, Large (10" x 13")	R434.70	R 434.70
FAB11-1294	1	Relief Pak Cold n' Hot SensaFlex Compress, Neck Contour (7" x 22")	R434.70	R 434.70
FAB11-1297	1	Relief Pak Cold n' Hot SensaFlex Compress, Circular (10" Diameter)	R422.63	R 422.63
FAB11-1298	1	Relief Pak Cold n' Hot SensaFlex Compress, Tri-Sectional (15.75" x 11.5")	R434.70	R 434.70



# **Relief Pak ColdSpot Blue Vinyl Packs**

The Relief Pak re-usable cold pack offers an effective method of applying cold therapy to a localized area. Place pack in a chilling unit or freezer. Packs remain pliable and soft even below freezing. Pack maintains its therapeutic temperature level for up to thirty minutes. Institutional grade packs are made of durable heavy-duty vinyl exterior and bentonite clay interior. Chilled pack should be wrapped in towel before applying to treatment area.



FAB11-1000	1	Relief Pak ColdSpot Blue Vinyl Pack - standard - 11" x 14"	R422.63	R 422.63
FAB11-1001	1	Relief Pak ColdSpot Blue Vinyl Pack - neck contour - 6" x 23"	R446.78	R 446.78
COMMUNITY COMMUN	1	Relief Pak ColdSpot Blue Vinyl Pack - oversize - 11" x 21"	R784.88	R 784.88
FAB11-1003	1	Relief Pak ColdSpot Blue Vinyl Pack - half size - 7" x 11"	R253.58	R 253.58
FAB11-1004	1	Relief Pak ColdSpot Blue Vinyl Pack - quarter size - 5" x 7"	R205.28	R 205.28
FAB11-1005	1	Relief Pak ColdSpot Blue Vinyl Pack - slim - 3" x 11"	R210.11	R 210.11



# English Ice Cap Reusable Ice Bags

Relief Pak English style ice bag cold compresses are made of waterproof rubberized fabric with a plastic screw cap to securely keep the ice and melt water inside the bag. Bags are made of heavy duty material and are reusable.

FAB11-1060	1	Relief Pak English ice cap reusable ice bag - 6" diameter (15cm)	R193.20	R 193.20
FAB11-1061	1	Relief Pak English ice cap reusable ice bag - 9" diameter (22.5cm)	R217.35	R 217.35
FAB11-1062	1	Relief Pak English ice cap reusable ice bag - 11" diameter (28cm)	R313.95	R 313.95

ltem number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
AMBIDEATIOUS  AMBIDEATIOUS  PERCIPE  LINE	1	ThermX Thermal Shoulder Support  Experience natural pain relief without medications with the ThermX Thermal Compression Support. This reusable support is intelligently designed to harness the power of hot or cold therapy, offering you a versatile solution to alleviate discomfort. Its wearable design, adjustable strap, and expert-grade gel make it a reliable companion for those seeking a drug-free pain relief method.  Key Features:  Completely Wearable Design: The ThermX Thermal Compression Support is thoughtfully designed to be worn comfortably throughout the day. Its ergonomic shape ensures a snug fit that won't impede your daily activities, allowing you to move with ease.  Adjustable Strap: We understand that everyone's shoulder is unique, which is why our support features an adjustable strap. This feature lets you customize the level of compression, providing the perfect fit for optimal pain relief.  100% Heating/Cooling Coverage: Our support offers complete heating or cooling coverage for your shoulder area. Whether you prefer the soothing warmth of heat therapy or the refreshing coolness of cold therapy, ThermX has you covered.  Light but Firm Compression: Strike the perfect balance between comfort and support with our light but firm compression. This feature ensures that your shoulder muscles receive the right amount of pressure for effective pain relief.  Expert-Grade Gel, Safe and Non-Toxic: The gel used in our support is of the highest quality, expertly crafted to provide safe and non-toxic therapy. Rest assured that you are getting a product that prioritizes your well-being,  Relieves Pain Naturally: Say goodbye to reliance on medications for pain relief. The ThermX Thermal Compression Support leverages the power of hot or cold therapy to naturally soothe sore muscles and reduce discomfort.  Flexible Form-Fitting Design: We understand the importance of comfort, which is why our support boasts a flexible, form-fitting design. It conforms to the contours of your shoulder, delivering targeted therapy whe	R672.75	R 672.75
THERMAL CONTINUES OF THE PROPERTY OF THE PROPE		ThermX Thermal Compression Sleeve Small, Medium or Large  Features:  A 2-in-1 Healing Sleeve  Suitable for Microwave and freezer  - 360 degree compression and form-fitting design  Can be used on multiple areas, for example, Calf, Thigh, knee, wrist, elbow, and ankle.  Contain expert-grade gel that is safe and non-toxic  Provides fast and effective relief  Re-Usable  Maintain Elexibility when hot or cold	Pangio	



- Maintain Flexibility when hot or cold

		– Maintain Flexibility when hot or cold		
X76116		X Thermal compression sleeve small, 111mm x 250mm	R424.35	R 424.35
X76117		X Thermal compression sleeve medium, 125mm x 250mm	R424.35	R 424.35
X76118		X Thermal compression sleeve large, 135mm x 280mm	R424.35	R 424.35
X76119	1 Therm	X Thermal compression sleeve X-large	R424.35	R 424.35
therm)(	ThermX therapy  Key Fea Relier Suita Provi 2 in 1 Reuss: Flexit multi Heat aches arthr Cold strain bites Latex	ves pain naturally ble for microwave and freezer ides fast and effective relief L healing pad able and long lasting ble design is ideal for use on iple body parts therapy is great for muscle s, cramps, stiffness and itis therapy is ideal for sprains, ns, bumps, bruises and insect  FIERIBLE	R146.63	R 146.63
X79300		X Hot and cold bag (without strap)	R93.15	R 93.15
NO FREEZING FORTH INSTANTICE FORTH INSTA	ThermX Key fea Easy Relie Does Provi Pract Comp Perfe Ideal Cold	X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (4 per pack)  X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (4 per pack)  X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (4 per pack)  X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (4 per pack)  X Instant ice (2 per pack)  X Instant ice (3 per pack)  X Instant ice (4 per pack)  X	R43.13	R 43.1

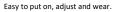
Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
		PARAFFIN BATH & WAX		
FAB11-1171-220V	1	Therabath® Thermotherapy Paraffin Bath 220V with 6-lb unscented paraffin  Can be operated 24 hours a day, so wax is always warm and ready to use.  Perfect for home, hospital or clinic. Use as an effective warm-up prior to therapeutic exercise, massage and daily activities. Helps increase range of motion. Deep, penetrating heat helps relieve arthritis pain, relax stiff muscles and ease aching joints. Provides intensive moisture therapy that nourishes dry skin.  Oversize inner tank can hold nine lbs (4.1kg) of wax and measures 11-3/8" long x 6-3/4" wide x 5" (29x17x14.6 cm) deep. Accommodates hands, and allows for deep dipping of feet and elbows.  Fully insulated. Worry-free control maintains temperature between 128° and 132°F (53° and 55°C) for maximum therapeutic effect. Hospital-grade plug. Lid included.	R11 837.81	R 11 837.81
	1	Wax Heater -Professional Double Wax Heater 8328C 800g each  Our Double Wax Heaters are beautifully designed and come with a transparent lid to keep moisture out once you are done for the day. Individual switches mean that you can save energy by choosing to heat only the wax you need to use also preventing over heating of the wax which is not in use.  individual thermostat control individual switches compact and neat transparent acrylic lid stylish design strong and durable Capacity: 2x 800g Wax heaters in one compact machine	R2 025.00	R 2 025.00
Norco- NC15496-US	1	Norco™ Premium Paraffin Wax, ScentFree™ - 2.7Kg NC15496-US  The finest quality in Paraffin Wax  Made with pure FDA Food-Grade paraffin, lightly scented and lightly colored. Soft, supple and will not crack when cooled. Works great in any paraffin spa/bath. Available in six scents, or ScentFree™. Sold in six 1 lb. (.45kg) packages. (Total 2.7kg)	R983.87	R 983.87
13	1	Paraffin Wax Pastilles - 1 Kg	R250.00	R 250.00
		PULLEYS		
Facility Facility Control of the Con	1	Norco™ Economy Shoulder Pulley NC52080  Economical shoulder pulley that's great for home programs.  The Norco™ Economy Shoulder Pulley is used to increase shoulder range of motion in the clinic or at home. Ideal for post shoulder surgeries or injuries. Easy grip handles are comfortable and reduce slippage. Consists of non-slip web door strap, smooth action pulley mechanism and large, easy-grip handles. Simple to adjust cord length. Use with the Norco™ Universal Bracket to allow the unit to remain on the door when opened or closed. (sold separately)	R303.32	R 303.32
	1	Norco™ Shoulder Pulley NC52069  Everything needed to perform range of motion exercises at home.  Norco™ Shoulder Pulley is ideal for home use, to independently improve range of shoulder movement and coordination following shoulder injury, or surgery.  Can be used for exercises while seated, standing, or lying down.  Sets up in minutes by positioning the web strap over the top along the hinged side of any standard door.  Pre-assembled and ready to use, the shoulder pulley includes: exercise booklet with step-by-step instructions and photos, non-slip web door strap, 6-1/2 ft. (2.4 m) cord, pulley mechanism and ergonomically designed handles for comfort and effectiveness.  The webbing anchor fits snugly between the door and frame and will not scratch surfaces.  For optimal attachment to door, use the Norco™ Universal Door Bracket (sold separately).  Not made with natural rubber latex.	R515.84	R 515.84
For use with Norco" Shoulder Pulleys and Norco" Exercise Loop Attachment		Norco® Universal Door Bracket NC52081  Easy on, easy off over-the-door bracket. Bracket can remain in place on the top of the door, ready for the next exercise. Made of smooth, coated metal to help prevent door scratches. Bracket width is 1-3/4" (4cm), which fits over commercial and most standard doors. Includes two EVA foam pads which help secure the bracket around doors with narrow widths. For use with the Norco® Universal Loop attachment and Norco® Shoulder Pulleys.	R141.04	R 0.00

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Item number	Qty	Item Description	VAT	VAT	

# **WEIGHTS**



## **Deluxe Cuff Ankle and Wrist Weights**





Meant to be worn, the weights are portable and can be used during any type of workout. Strong, durable hook and loop fasteners PLUS an extra-long loop strap with extra hook tabs ensure a secure and comfortable fit that won't slip, allowing users to exercise in confidence. This same extra-long loop strap allows for firm closure on ankles, wrists and larger areas such as thighs. Built to last, Cuff products are durable and made of easy to clean vinyl. Deluxe Cuff offers 16 ankle and wrist weights ranging from 0.5 kg. all the way up to 12.5 kg., making them versatile for all strength levels. This is the Cuff that weighs 3 kg. Multiple weight options mean workouts are adjustable, customizable and personalized. Cuff weights are so comfortable and convenient, you can even wear them under clothes. Heavy-duty materials and double stitching ensure the weights hold up even after the toughest of repeated workouts. The Cuff features grommets, great for hanging on any peg-board weight racks, making it a must-have addition for home gyms, clinics and fitness centers. Easy to clean, with a sponge or clean cloth and soapy water. Simply wipe off the vinyl to remove dirt.

FAB10-3303	1	The Cuff Deluxe Ankle and Wrist Weight, 0.5 kg	R465.75	R 465.75
FAB10-3304	1	The Cuff Deluxe Ankle and Wrist Weight, 0.75 kg	R491.63	R 491.63
FAB10-3305	1	The Cuff Deluxe Ankle and Wrist Weight, 1 kg	R530.44	R 530.44
FAB10-3306	1	The Cuff Deluxe Ankle and Wrist Weight, 1.5 kg	R595.13	R 595.13
FAB10-3307	1	The Cuff Deluxe Ankle and Wrist Weight, 2 kg	R685.69	R 685.69
FAB10-3308	1	The Cuff Deluxe Ankle and Wrist Weight, 2.5 kg	R737.44	R 737.44
FAB10-3309	1	The Cuff Deluxe Ankle and Wrist Weight, 3 kg	R815.06	R 815.06
FAB10-3310	1	The Cuff Deluxe Ankle and Wrist Weight, 3.5 kg	R879.75	R 879.75
FAB10-3311	1	The Cuff Deluxe Ankle and Wrist Weight, 4 kg	R944.44	R 944.44
FAB10-3312	1	The Cuff Deluxe Ankle and Wrist Weight, 4.5 kg	R1 009.13	R 1 009.13
FAB10-3313	1	The Cuff Deluxe Ankle and Wrist Weight, 5 kg	R1 073.81	R 1 073.81
FAB10-3314	1	The Cuff Deluxe Ankle and Wrist Weight, 7 kg	R1 293.75	R 1 293.75
FAB10-3315	1	The Cuff Deluxe Ankle and Wrist Weight, 7.5 kg	R1 371.38	R 1 371.38
FAB10-3316	1	The Cuff Deluxe Ankle and Wrist Weight, 8 kg	R1 539.56	R 1 539.56
FAB10-3317	1	The Cuff Deluxe Ankle and Wrist Weight, 9 kg	R1 630.13	R 1 630.13
FAB10-3318	1	The Cuff Deluxe Ankle and Wrist Weight, 10 kg	R1 707.75	R 1 707.75

## Cuff Weights, Pair

Ankle weights can increase the effectiveness of workouts by adding extra resistance. These products can also be used during any form of exercise or rehabilitation program. They are manufactured from heavy duty vinyl and are durable and easy to clean. Can be used as ankle or wrist weights. They are sold in pairs and the weight shown is for each unit not the combined pair.

Black Vinvl

CW0.5	1	Cuff Weights 0.5kg Pair	R270.00	R 270.00
CW1	1	Cuff Weights 1kg Pair	R330.00	R 330.00
CW1.5	1	Cuff Weights 1.5kg Pair	R397.50	R 397.50
CW2	1	Cuff Weights 2kg Pair	R487.50	R 487.50
CW2.5	1	Cuff Weights 2.5kg Pair	R562.50	R 562.50
CW3	1	Cuff Weights 3kg Pair	R637.50	R 637.50
CW3.5	1	Cuff Weights 3.5kg Pair	R705.00	R 705.00
CW4	1	Cuff Weights 4kg Pair	R780.00	R 780.00
CW4.5	1	Cuff Weights 4.5kg Pair	R795.00	R 795.00
CW5	1	Cuff Weights 5kg Pair	R930.00	R 930.00



# the Adjustable Cuff Variable Weights

The Adjustable Cuff wrist or ankle weight comes standard with a D-ring closure for snug fit and padded interior for comfortable fit. The weight ships with weight inserts pre-inserted into the weight pockets. These inserts can be removed from the weight pockets to adjust the weight of the exerciser. The weight is color-coded to identify maximum weight. Each weight is available in 2, 4, 5, 10 and 20 pound sizes. Each weight is available individually or as a pair.

	identity maximum weight. Each weight is available in 2, 4, 5, 10 and 20 pound sizes. Each weight is available individually of as a pair.					
FAB10-3340-1	1	The Adjustable Cuff wrist weight - 2 lb - 10 x 0.2 lb inserts - Yellow - each	R729.33	R 729.33		
FAB10-3341-1	1	The Adjustable Cuff wrist weight - 4 lb - 20 x 0.2 lb inserts - Red - each	R862.16	R 862.16		
FAB10-3331-1	1	The Adjustable Cuff ankle weight - 5 lb - $10 \times 0.5$ lb inserts - Green - each	R1 062.60	R 1 062.60		
FAB10-3332-1	1	The Adjustable Cuff ankle weight - 10 lb - 20 x 0.5 lb inserts - Blue - each	R1 526.28	R 1 526.28		
FAB10-3333-1	1	The Adjustable Cuff ankle weight - 20 lb - 20 x 1 lb inserts - Black - each	R2 456.06	R 2 456.06		
FAB10-3345-1	1	The Adjustable Cuff pediatric wrist weight - 2 lb - 12 x 0.17 lb inserts - Tan - each	R664.13	R 664.13		
FAB10-3335-1	1	The Adjustable Cuff pediatric ankle weight - 2 lb - 12 x 0.17 lb inserts - Tan - each	R664.13	R 664.13		



#### Soft Touch Dumbbells (Pair)





# These Soft Touch Dumbbells come in light pairs, making them ideal for light training. They are perfect for strength accessory work as well as beginner level strength training. The soft touch material provides a comfortable grip and keeps a clean aesthetic. Sold in pairs

lkg Dumbbell Pair	R168.00	R 168.00
lkg Dumbbell Pair	R336.00	R 336.00
Bkg Dumbbell Pair	R504.00	R 504.00
lkg Dumbbell Pair	R672.00	R 672.00
ikg Dumbbell Pair	R840.00	R 840.00
ikg Dumbbell Pair	R1 008.00	R 1 008.00
kg Dumbbell Pair	R1 176.00	R 1 176.00
Bkg Dumbbell Pair	R1 344.00	R 1 344.00
Dkg Dumbbell Pair	R1 512.00	R 1 512.00
Okg Dumbbell Pair	R1 680.00	R 1 680.00
2 3 1 5 7 8 9	kg Dumbbell Pair	kg Dumbbell Pair       R336.00         kg Dumbbell Pair       R504.00         kg Dumbbell Pair       R672.00         kg Dumbbell Pair       R840.00         kg Dumbbell Pair       R1 008.00         kg Dumbbell Pair       R1 176.00         kg Dumbbell Pair       R1 344.00         kg Dumbbell Pair       R1 344.00         kg Dumbbell Pair       R1 512.00

## Rubber Hexagon Dumbbell 1Kg-50Kg [Each]

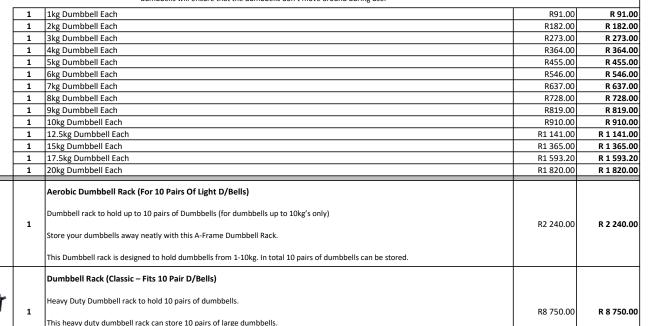
These Hexagon dumbbells are sold as single units, and not as a pair.

Rubber Hexagon Dumbbells are quite popular especially for Cross Training, Functional training, and Strength Training.

Often people prefer round dumbbells as you can push dumbbells around with your feet. This is not the right way to transport dumbbells.

Dumbbells should always be picked up and never rolled around or dropped.

Hexagon dumbbells are used like normal round dumbbells, but it does allows you also to do pushups with the hexagon dumbbells. The hexagon dumbbells will ensure that the dumbbells don't move around during use.



# Medicine Balls

If you take the plastic storage cups off the dumbbell rack, you can store a few extra pairs of dumbbells.

Our Medicine Balls are made from highly durable materials making our Medicine Balls the best quality money can buy. Low Quality medicine balls usually split into two parts, therefore it is advised to avoid purchasing cheap low quality medicine balls.

Important: Medicine Balls are not made from materials that can sustain slamming onto the floor, only light bouncing, throwing medicine balls against a wall or floor, may shorten the life span of your medicine ball.

1	1kg Medicine Ball	R301.00	R 301.00
1	2kg Medicine Ball	R448.00	R 448.00
1	3kg Medicine Ball	R574.00	R 574.00
1	4kg Medicine Ball	R644.00	R 644.00
1	5kg Medicine Ball	R749.00	R 749.00
1	6kg Medicine Ball	R938.00	R 938.00
1	7kg Medicine Ball	R1 008.00	R 1 008.00
1	8kg Medicine Ball	R1 085.00	R 1 085.00
1	9kg Medicine Ball	R1 204.00	R 1 204.00
1	10kg Medicine Ball	R1 260.00	R 1 260.00
1	Medicine Ball Open Rack (10)  This medicine ball tree can accommodate up to 10 Medicine Balls. Made from high-quality steel, this rack provides the perfect storage solution to medicine balls as well as being aesthetically pleasing.  Weight: 15 kg Dimensions: 58.5 × 26 × 165.7 cm Storage Positions 10 Stable Base Colour: Black Easy to use as well as easy assembly Lightweight – Easy to move	R3 500.00	R 3 500.00

Item number	Qty	Item Description	Unit Price Incl	Total Price Incl	
	٦.,	BALANCE	VAT	VAT	
		DALANCE			
FAB32-1500B	1	CanDo Balance Pad: 16" x 20" x 2.5", blue  CanDo balance pad can be used for vestibular training, low impact aerobics and exercises. The CanDo balance pad measures 16 x 20 x 2.5 inches. These institutional quality pads can be used for individual or group use.	R1 859.55	R 1 859.55	
FAB10-2042	1	Balance Board  Improve stability, balance and co-ordination and is ideal for ankle rehabilitation and core training.  Plastic construction  40cm diameter	R420.00	R 420.00	
	Notes	Equilibrium Board / Rocker Board  Equilibrium Boards facilitate bi-directional balance, coordination, core stability and proprioception.			
	Note:	Various colour's available on request. Equilibrium 40 - 40x60x15 cm	R1 120.00	R 1 120.00	
	1	Equilibrium 70 - 70x70x20 cm	R1 309.00	R 1 309.00	
	1	Equilibrium 90 - 90x60x20 cm	R1 484.00	R 1 484.00	
TI TI	1	Wooden Rocker Board  The rocker board is functional and durable and can be used by professionals or at home. The rocker board only gives 1 plane of instability and is ideal for basic balance training. The rocker board base tilts and rocks to challenge your balance and proprioception.	R1 330.00	R 1 330.00	
		BALANCE			
Note:	1 1 1	Our vinyl covered exercise mats are made from high quality PVC Vinyl, with high density aerothene foam.  Mats for floor activity including exercise, stretching and play.  Various colour's available on request.  Vinyl covered Floor Mat, 150cm x 60cm x 2.5 cm  Vinyl covered Floor Mat, 100cm x 100cm x 2.5 cm  Vinyl covered Floor Mat, 200cm x 100cm x 2.5 cm  Vinyl covered Floor Mat, 180cm x 120cm x 2.5 cm	R1 035.00 R2 205.00 R2 205.00 R2 310.00	R 1 035.00 R 2 205.00 R 2 205.00 R 2 310.00	
	1	Vinyl covered Floor Mat, 150cm x 150cm x 2.5 cm	R2 085.00		
	1	Vinyl covered Floor Mat, 200cm x 200cm x 2.5 cm	R4 305.00	R 4 305.00	
		INFLATABLES			
×	training and de	CanDo Balance Disc  Do inflatable vestibular disc mimics the movement and shape of an Inflatable ball when used on any seat. Use it on the floor as a standing d, proprioception and strengthening of the lower extremities. Each disc has one nubby side for tactile feedback and stimulation, and one flat efflates with standard pump. Vary the inflation level to change the level of vestibular challenge. Available in 5 colors for aesthetic purposes a inch (35 cm) and 24 inch (60 cm).	side. Disc inflates and two sizes: 14		
FAB30-1870B FAB30-1870BLK	1	CanDo Balance Disc 35cm Blue CanDo Balance Disc 35cm Black	R776.25 R776.25	R 776.25	
FAB30-1870G	1	CanDo Balance Disc 35cm Green	R776.25	R 776.25 R 776.25	
FAB30-1870R	1	CanDo Balance Disc 35cm Red	R776.25	R 776.25	
FAB30-1870Y FAB30-1870S	1	CanDo Balance Disc 35cm Yellow CanDo Balance Disc 35cm Silver	R776.25 R776.25	R 776.25 R 776.25	
1.100-40703	CanDo Inflatable Balance Wedges  Inflatable wedge requires active participation from user to assume correct sitting posture. Wedge combines dynamic seating and static positioning. Inflate or deflate wedge to vary degree of difficulty. Available in 2 sizes: 15 x 15" and 10 x 10".				
FAB30-1925	1	CanDo Inflatable Balance Wedge: Adult size - 15" x 15"	R1 099.69	R 1 099.69	
FAB30-1926	1	CanDo Inflatable Balance Wedge: Child size - 10" x 10"	R970.31	R 970.31	





# CanDo® Inflatable Round Exercise Balls

Exercise balls are used to improve balance, coordination, flexibility, strength and even just for fun.

Balls are used as aids for vestibular movement and equilibrium therapy, by fitness professionals as an aid for stretching and strength programs, as seats, and even by pregnant women in birthing classes.

The CanDo® balls have a non-slip PVC vinyl surface that is ribbed for extra security.

The balls may be "under" inflated to give a soft, mushy feel or fully inflated for a firm, bouncy feel.

Standard CanDo® inflatable balls can support up to 300 pounds (136 kg)

Available in various sizes.



FAB30-1800	1	Blue 30 cm	R349.31	R 349.3
FAB30-1801	1	Yellow 45 cm	R426.94	R 426.9
FAB30-1802	1	Orange 55 cm	R530.44	R 530.4
FAB30-1803	1	Green 65 cm	R672.75	R 672.7
FAB30-1804	1	Red 75 cm	R866.81	R 866.8
FAB30-1805	1	Blue 85 cm	R996.19	R 996.1
FAB30-1806	1	Red 95 cm	R1 358.44	R 1 358.4
FAB30-1841	1	Blue 105 cm	R1 940.63	R 1 940.6
FAB30-1807	1	Orange 120 cm	R2 846.25	R 2 846.2
FAB30-1808	1	Lime Green 150 cm	R4 528.13	R 4 528.1
	1	FAB30-1851 ABS Inflatable - Yellow 45 cm	R646.88	R 646.
	1	FAB30-1852 ABS Inflatable - Orange 55 cm	R776.25	R 776.
<b>X</b>	1	FAB30-1853 ABS Inflatable - Green 65 cm	R905.63	R 905.
	1	FAB30-1854 ABS Inflatable - Red 75 cm	R1 099.69	R 1 099.
	1	FAB30-1855 ABS Inflatable - Blue 85 cm	R1 229.06	R 1 229.
	1	FAB30-1857 ABS Inflatable - Red 105 cm	R1 358.44	R 1 358.4



#### CanDo® Inflatable Donut Exercise Balls

Exercise balls are used to improve balance, coordination, flexibility, strength and even just for fun.

Balls are used as aids for vestibular movement and equilibrium therapy, by fitness professionals as an aid for stretching and strength programs, as seats, and even by pregnant women in birthing classes.

The CanDo® balls have a non-slip PVC vinyl surface that is ribbed for extra security.

The balls may be "under" inflated to give a soft, mushy feel or fully inflated for a firm, bouncy feel.

Standard CanDo® inflatable balls can support up to 300 pounds (136 kg)

Available in various sizes.

FAB30-1951	1	CanDo Donut Ball - Yellow - 18" Dia x 10" H (45 cm Dia x 25 cm H)	R452.81	R 452.81
FAB30-1952	1	CanDo Donut Ball - Orange - 22" Dia x 12" H (55 cm Dia x 30 cm H)	R582.19	R 582.19
FAB30-1953	1	CanDo Donut Ball - Green - 26" Dia x 14" H (65 cm Dia x 35 cm H)	R711.56	R 711.56
FAB30-1954	1	CanDo Donut Ball - Red - 30" Dia x 16" H (75 cm Dia x 40 cm H)	R840.94	R 840.94
FAB30-1955	1	CanDo Donut Ball - Blue - 34" Dia x 18" (85 cm Dia x 45 cm H)	R1 099.69	R 1 099.69



# CanDo Inflatable Exercise Saddle Rolls

The CanDo inflatable saddle rolls are easier to control than exercise balls because motion is limited to the forward and backward rotation. These colorful inflatable molded heavy-duty rolls can support up to 300 pounds. Rolls aid in developing muscles, coordination, and balance. Further, the "saddle" offers extra support for the patient. Inflatable rolls also make a great addition to individual physical fitness regimes. Available in various color-coded sizes.

FAB30-1725	1	Saddle Roll - Yellow - 40 cm Dia x 90 cm L	R1 208.36	R 1 208.36
FAB30-1726	1	Saddle Roll - Orange - 50 cm Dia x 100 cm L	R1 492.99	R 1 492.99
FAB30-1727	1	Saddle Roll - Green - 60 cm Dia x 110 cm L	R1 850.06	R 1 850.06
FAB30-1728	1	Saddle Roll - Red - 70 cm Dia x 120 cm L	R2 134.69	R 2 134.69
FAB30-1729	1	Saddle Roll - Blue - 80 cm Dia x 130 cm L	R2 419.31	R 2 419.31

# Ball Pumps

# Ball Plug Remover

Inflatable exercise ball pumps fit the adapter nozzle that ships with CanDo inflatable exercise balls. For optimal inflation, use electric pump first then fully inflate with manual pump. Colors may vary. Several Models available.

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
FAB30-1048	1	Inflatable Exercise Ball - Accessory - 12" Hand Pump:	R108.68	R 108.68
FAB30-1051	1	Inflatable Exercise Ball - Accessory - Double Piston Foot Pump:	R853.88	R 853.88
FAB30-1039	1	Inflatable Exercise Ball - Accessory - Large Bellow Pump:	R776.25	R 776.25
FAB30-1829	1	Inflatable Exercise Ball - Accessory - Ball Plug Remover:  Ball plug remover quickly and easily removes ball plug from exercise ball inflation hole.  The ball plug needs to be removed for the ball to be inflated or deflated.  Place the ball plug back in the inflation hole to seal the air in the ball.	R77.63	R 77.63
		GAIT TRAINING		
		Norco® Gait Belts w/ Metal Buckle  New & Improved - A safe, easy way to transfer clients.  Designed for use as walking and transferring belts.  Safety-locking teeth hold the belt securely.  Measure waist to determine size.  Belts measure 2" (5.1cm) wide.		
NC91393	1	Norco® Gait Belts, Blue 137cm Waists: 38 to 130cm	R312.50	R 312.50
NC91394		Norco® Gait Belts, Blue 152cm Waists: 38 to 137cm	R312.50	R 312.50
NC91383		Norco® Gait Belts, Blue 183cm Waists: 38 to 173cm	R312.50	R 312.50
NC91391		Norco® Gait Belts, Rainbow Pastel, Blue 137cm Waists: 38 to 130cm	R312.50	
NC91381	1	Norco® Gait Belts, Rainbow Pastel, Blue 152cm Waists: 38 to 137cm	R312.50	
NC91392	1	Norco® Gait Belts, Rainbow Pastel, Blue 183cm Waists: 38 to 173cm	R312.50	R 312.50
		TREATMENT & EXERCISE FURNITURE		
		Kinetec Spectra Essential Knee CPM  The Kinetec Spectra combines stylish design and outstanding functionality. Kinetec® is a world leader in the design and manufacture of Continuous Passive Motion (CPM) machines.		

NC91392	1	Norco® Gait Belts, Rainbow Pastel, Blue 183cm Waists: 38 to 173cm	R312.50	R 312.50
		TREATMENT & EXERCISE FURNITURE		
KIN4621006242	1	Kinetec Spectra Essential Knee CPM  The Kinetec Spectra combines stylish design and outstanding functionality. Kinetec® is a world leader in the design and manufacture of Continuous Passive Motion (CPM) machines.  Features:  *The Kinetic Spectra Knee CPM possesses the latest in CPM technology.  *Accommodates CPM for knee and hip surgery patients.  *Feel less pain and reduce swelling in the affected joint.  *Stop the formation of scar tissue while improving your overall range of motion (ROM)  Treatment modes include  *Warm-Up: Gradual progression to full ROM, *Modulation: ROM end-point based on patient tolerance *Session Time: Displays machine run time *ROM Bypass: Manually bypass pre-set ROM *Program: Set up to 16 customized programs.  Specifications:  *Type BF class II electrical device. *Long-life DC motor and screw-drive mechanism for years of reliable performance. *ROM: Knee: -10° to 120°, *ROM: Hip: 75° to 10°. *Foot positioning: Plantar flexion: 40°, Dorsal flexion: 30°, Abduction/adduction: 30°. *Speed: 45° to 155° per minute. *Dimensions: 103x41x33cm  Patient Specifications:	R174 459.60	R 174 459.60
KIN4621006042	1	Kinetec Spectra Knee CPM with Comfort Supports  The Kinetec Spectra offers a full range of movement options and controls, set by using the handset. Alongside your standard controls, this CPM offers additional functionality such as a warm-up function, 20 pre-set programs, session timing, and ROM bypass. Using a USB accessory and software, this option can also be used to capture individual patient session information. The following elements can be set and controlled via the handset - extension, and flexion limits, speed, resistive force, timer, and pause in extension and flexion. The hand control has a clear start/stop buttons and the handset can also be used for selecting pre-set programs, warm-up functions, ROM bypass, and session timing.  Features:  -The Kinetic Spectra Knee CPM possesses the latest in CPM technology.  -Accommodates CPM for knee and hip surgery patients.  -Feel less pain and reduce swelling in the affected joint.  -Stop the formation of scar tissue while improving your overall range of motion (ROM)  Treatment modes include  -Warm-Up: Gradual progression to full ROM, •Modulation: ROM end-point based on patient tolerance •Session Time: Displays machine run time •ROM Bypass: Manually bypass pre-set ROM •Program: Set up to 16 customized programs.  Specifications:  -Power Supply: 100-240 V~ •Frequency: 50-60Hz •Power Consumption: 20W •The device of type B Class 1 •IP 20 •Storage/Transport Conditions •Temperature: -40 - 70°C / -40 - 160°F •Relative Humidity: up to 90% • Operating Conditions: oRoom Temperature: 10 - 40°C (50 - 105°F) oRelative Humidity: up to 80% •Angular limits: -10 - 120° •Dimensions: 95cm x 33cm x 33cm •Weight: 12kg  Patient Specifications:  •Full Leg: 71cm - 99cm •Tibia: 38 - 53cm •Femur: 33 - 46cm •User weight: 135kg	R181 728.75	R 181 728.75

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
KIN4621008042	1	Prima Advance  The easiest to use and most intuitive knee CPM device on the market. Very simple controls for the patient and therapist. Simple click button stop/go hand held switch. The simple analogue controls allow adjustment of flexion, extension and speed. This Prima Advance comes with wipe clean PU pads to support the foot, calf and thigh.  Ease of use Remarkable dimensions Extremely lightweight ROM from -5° to 115°  With simple and straightforward adjustments (angular limits, speed and patient sizing), the Kinetec Prima Advance™ is the most intuitive and easy to use device on the market making. It the first choice for elderly people and patients with a visual impairment.  Great range of motion  Its wide range of motion going from -5° of hyperextension to 115° of flexion allows treatment of most knee & hip pathologies.  Remarkable dimensions & weight  Its 94 cm length will facilitate set ups in hospital beds or at patients' homes as well as easing its storage.  The 11 kg Kinetec Prima Advance™ is ideal for frequent handling in hospital.	R181 728.75	R 181 728.75
KIN4621003602	1	Kinetec Centura B&W™ is a Shoulder CPM that can be used for immediate post-operative therapy.  For use in bed or in a sitting position Quick & easy set up Unique flexion-extension movement Height adjustable structure Range of motion: Flexion/extension arms extended from 0° to 110° Flexion/extension arm flexed from 30° to 110°  The sooner the joint is moved the better  The Kinetec Centura B&W™ has been specifically designed to fulfil the requirements from professionals looking to mobilise the shoulder joint as early as possible following surgery. The unique chair-free design of the device enables a comfortable therapy whilst the patient is lying in bed.  Main movement featured  The Kinetec Centura B&W™ is supplied with the required accessories to perform a professional and safe CPM rehabilitation therapy. Digital remote control  The digital remote control technology has been featured in the device to provide a visual feedback to the patient as well as movement accuracy during therapy.	R271 381.60	R 271 381.60
KIN4621005002	1	Kinetec Maestra™ CPM (hand & wrist)  The hand & wrist CPM with the most extensive exercises available on the market, including digital remote control and a wide range of anatomical exercises. Please note the Maestra CPM is held in our French warehouse and is subject to a 3 week lead time.  Designed for post-operative rehabilitation, the Kinetec Maestra™ CPM provides a rehabilitation solution for every single hand and wrist pathology. This device is an excellent adjunct to physiotherapy protocols. Available to both buy and to rent. It feautures:  Up to 9 anatomical movements mobilising 14 joints.  A fantastic complement to wrist, fingers and thumb rehabilitation.  Intuitive remote control with individual keys for each movement.  Featuring an educational DVD guiding the user through patient set up and therapy.  Anatomical and precise motion  It is the most extensive CPM device on the market and fulfils most of the requirements in hand & wrist passive therapy.  Digital remote control  The digital remote control technology from Kinetec® has been featured in the device to provide a visual feedback to the patient as well as movement accuracy during therapy.  Interactive guide  The device is also delivered with an educational DVD guiding the user through the patient set up and therapy. This useful tool also provides tips and advice from health professionals on the pathologies and protocols to be covered by the device.	R256 843.30	R 256 843.30
KIN4621006502	1	Kinetec Breva™ (ankle)  The Kinetec Breva™ enables ankle and rear foot motion in 2 dimensions from the most common plantar/dorsi flexion (-40° to 30°) to the more advanced eversion/inversion movement (-25° to 25°). It can be used in bed or while sitting in a chair.  The digital remote control provides precise yet clear feedback to the patient as well as it helps the therapy with unique functions such as warm-up or by-pass.  The remote control features a keyboard locking system preventing misuse and enhancing patient safety.  Features:  *Breva Ankle CPM Specifications: *Plantar flexion 40° *Dorsiflexion 30° *Inversion 25° *Eversion 25°  Specifications:  *Remote control dedicated storage place when the machine is not used or during transport. *Possibility to block the adjustment of the parameters. *Start/Stop and reverse are always available to the patient. *Precise adjustment of the parameters of the movement *ROM, speed, and pauses at the limit of extension or flexion, for improved outcomes. *Load reverse ensures patient protection when excessive force is exerted on the joint. *Type BF class II electrical device *Speed: 50° to 150° per minute. *Size of the device: Length 56 cm, width 37cm, height 45cm. *Weight: 11kg  Patient Size: *Foot sizing: from 19 cm (7 Inch) to 29 cm (11 Inch).	R186 574.85	R 186 574.85

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
KIN4621009002	1	KINETEC KINEVIA DUO™  The intelligent exercise therapy system for upper and lower limbs, featuring a wide range of exercise modes and benefits for the user. Please note the Kinevia Duo is held in our French warehouse and is subject to a 3 week lead time.  A choice of exercise modes You are able to choose from various exercise modes, including: Passive: a gentle and motor-driven mobilisation of the muscles and joints. Ideal during the warm-up phase, it will also reduce spasms and tension.  Assisted: the device will support the exercise training to mobilise even the weakest residual muscle strength. This mode will provide a continuous movement whether passive or active.  Active: the 20 levels of resistance will ensure a progressive strength and muscle training to the patient.  Innovative and intuitive This unique system comes with a number of innovative specifications, including: Tool-free adjustment, including quick adjustment of the pedals and a safety height adjustment feature. The high-quality transport wheels stable wheels with ball bearing allow for easy transport of the Kinevia, even over asphalt. 5 year warranty  Physical exercise is an expression of personal freedom. Repeated, frequent and consistent movements, whether performed directly by the patient or through a device, have proven to help recover the functional abilities and capacities leading to an improved well-being and independence of the individuals. This includes:  Maintaining and building muscle strength Regulating muscle tone and reducing spams Preventing joint stiffness and adhesions Stimulating metabolism and blood circulation	R208 382.30	R 208 382.30
	1	Folding Pedal Exerciser NC93320  Home exercise device for mild to moderate resistance exercise.  Folding Pedal Exerciser exercises the legs from a chair or wheelchair, or the arms by placing unit on a table. Features a durable steel frame with adjustable tension knob, non-slip feet, and 4" (10cm) wide pedals with plastic foot guards. Frame snaps into a locked position without the need of tools. Rubber straps measure 9" (22cm) long and 4" (10cm) wide. Base of the unit measures 18-1/2" x 15-1/2" (47 x 39cm) and folds to a compact size of 7"H x 11"D x 15-1/2"W (18 x 28 x 39cm) for storage.	R1 427.75	R 1 427.75
	1	Trojan Large Aerobic Step  Product Dimensions: 25cm(L) x 25cm(W) x 30cm(H)  - Portable exercise Equip - Exercise Category: Core - Target Muscle Groups: Full body - Featured Exercises: Step ups and push ups	R1 950.00	R 1 950.00
	1	Single Slimline X-Ray Viewing Box (LED 497 x 502 x 25mm)	R3 510.00	R 3 510.00
	1	2 Tier Beauty trolley with basket under shelf  This 2 tier storage trolley comes with a wire mesh basket that helps for storing and organizing your items. The trolley with basket comes with an industrial and concise design and storage capabilities.  Features:  Sturdy and Durable Construction  Large Storage Space  Metal steel trolley with white powder coating allows for easy cleaning On casters for easy movement.	R1 650.00	R 1 650.00
	1	TR531, Dressing Trolley Small Epoxy Coated Frame With Stainless Steel Shelves, 458 x 458mm, On 75mm Swivel Castors	R2 587.41	R 3 881.12
	1	TR532, Dressing Trolley Medium Epoxy Coated Frame With Stainless Steel Shelves, 610 x 458mm, On 75mm Swivel Castors	R3 088.21	R 4 632.31
	1	TR533, Dressing Trolley Large Epoxy Coated Frame With Stainless Steel Shelves, 915 x 458mm, On 75mm Swivel Castors	R3 521.63	R 5 282.45
	1	TR534A, Dressing Trolley Small Stainless Steel Frame With Stainless Steel Shelves, 458 x 458mm, On 75mm Swivel Castors	R4 004.84	R4 004.84
	1	TR535A, Dressing Trolley Medium Stainless Steel Frame With Stainless Steel Shelves, 610 x 458mm, On 75mm Swivel Castors	R4 455.85	R4 455.85
Dressing Trolleys	1	TR536A, Dressing Trolley Large Stainless Steel Frame With Stainless Steel Shelves, 915 x 458mm, On 75mm Swivel Castors	R5 356.39	R5 356.39
TR581	1	Instrument Trolley Small Epoxy Coated Frame With Stainless Steel Shelves 458 x 458mm- On 75mm Swivel Castors	R2 303.33	R 2 303.33

Item numb	oer	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	TR582	1	Instrument Trolley Medium Epoxy Coated Frame With Stainless Steel Shelves 610 x 458mm- On 75mm Swivel Castors	R2 637.20	R 2 637.20
	TR583	1	Instrument Trolley Large Epoxy Coated Frame With Stainless Steel Shelves 915 x 458mm - On 75mm Swivel Castors	R3 038.41	R 3 038.41
	TR584A	1	Instrument Trolley Small Stainless Steel Frame & Shelves 458 x 458mm, 75mm Swivel Castors -Unpolished	R3 672.46	R 3 672.46
V	TR585A	1	Instrument Trolley Medium Stainless Steel Frame & Shelves 610 x 458mm, 75mm Castors-Unpolished	R4 290.39	R 4 290.39
	TR586A	1	Instrument Trolley Large Stainless Steel Frame & Shelves 915 x 458mm, 75mm Swivel Castors-Unpolished	R4 922.96	R 4 922.96
BD800B	Ŋ	1	Single Step Epoxy Coated Frame With Wooden Rubber Top & Aluminum Surround	R1 123.73	R 1 123.73
BD805C	7	1	Single Step Stainless Steel Frame With Wooden Rubber Top & Aluminum Surround	R1 629.87	R 1 629.87
BD802C	d	1	Single Step Stainless Steel Frame With Chequer Plate Top - NO WOOD	R1 922.81	R 1 922.81
BD801B		1	Double Step Epoxy Coated Frame With Rubber Top and Aluminium Edging (BD801B) Dimensions approx.: 325mm, Width: 490mm, Length: 530mm	R1 411.07	R 1 411.07
BD808A		1	Double Step Stainless Steel Frame With Wooden Rubber Top & Aluminum Surround	R2 121.45	R 2 121.45
BD806C		1	Double Step Stainless Steel Frame With Chequer Plate Top (BD803A) Dimensions approx.: Length: 512mm, Width: 490mm, Height: 400mm (No Wood)	R1 843.16	R 1 843.16
		1	Mobile Bedscreen - BD743 Bed Screen 3 Fold With Pvc Curtains On 50mm Rubber Castors	R2 561.70	R 2 561.70
		1	BD744 Bed Screen 4 Fold With Pvc Curtains On 50mm Rubber Castors	R2 952.90	R 2 952.90
MA	n	1	BD745 Bed Screen 5 Fold With Pvc Curtains On 50mm Rubber Castors	R3 330.57	R 3 330.57
		1	Adult Tilt Table  Tilt Table uses dual motors to vary tilt and height adjustment.  The very strong and rigid frame is fitted.  3 x patient strap  2 motors (one motor adjustable height ,one motor vary tilt  100 mm swivel and brake caters  Weight capacity:230 kg  Size: 1970 x 860 mm  Standing angle: 0 °84°  Foot rest adjustable angle:12 °10°(relative to horizontal direction)  Height adjustable: 525 mm-860 mm	R46 850.00	R 46 850.00
E		1	STANDING FRAME WITH EITHER EPOXY POWDER COATED COMPONENTS  Wooden working table 70cm Height Adjustable 110-130cm - Electric Mild Steel Epoxy coated frame Work table easily movable backwards and forwards Base: 60cm x 60cm with built in knobs Back supporting leather strap Heel and foot support knee cushion	R22 108.00	R 22 108.00

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	1	Examination Couch With Adjustable Head Section  32x1.6mm Mild Steel Round Tubing  Mounted on 4x Rubber Feet 2 Section,  50mm Foam Mattress Seat Covered in Vinyl  Manual Adjustable Backrest  Epoxy Powder Coated Finish  Approximate Weight: 34kg  Approximate Dimensions: 1830(I) x 610(w) x 760(h)mm	R2 517.69	R 2 517.69
BD880 BD882	1	Examination Couch With Adjustable Head Section & Breathing Hole	R2 771.82	R 2 771.82
BD882KD	1	Examination Couch With Adjustable Head Section & Breathing Hole, Knockdown	R3 216.60	R 3 216.60
	1	Massage Bed – 3-Section Deluxe Aluminium – Black & White  1850mm (L) x 705mm (W) x 620-860mm (H)  Working Weight: Up to 250 KG  Table Weight: 19 KG  Colour: Black and White	R3 640.00	R 3 640.00
	1	2 Section Electric Hi/Lo Examination Couch 180cm x 120cm Upholstered top Epoxy powder coated frame	R29 237.60	R 29 237.60
	1	3 Section Electric Hi/Lo Examination Couch 180cm x 120cm Upholstered top Epoxy powder coated frame	R30 815.40	R 30 815.40
	1	5 Section Electric Hi/Lo Examination Couch 180cm x 120cm Upholstered top Epoxy powder coated frame	R30 815.40	R 30 815.40
	1	Bobath Plinth Hi/Lo  1200mm x 1800mm x 450mm Upholstered top Mild Steel Frame Epoxy coated Frame	R22 540.00	R 22 540.00
6	1	Neurology Plinth - Electrical, 2 Sections  1200mm x 1800mm x 450mm Upholstered top Mild Steel Frame Epoxy coated Frame	R37 835.00	R 37 835.00
	1	Bobath Plinth, fixed height  The wooden Plinth is used for treating children and adults, it gives maximum comfort for both patient and practitioner, the wood plinth made of durable wood and long-lasting foam.  180x120x45 cm	R6 903.45	R 6 903.45
	1	Corner Steps 3/4  Wooden frame Adjustable handrails Rubber non slip surface	R18 515.00	R 18 515.00
TITI	1	Parallel Bars 4M, Floor Mounted, Foldable (Stainless steel)	R12 075.00	R 12 075.00
	1	Parallel Bars 4M, Floor Mounted, Foldable (Stainless steel)	R13 777.38	R 13 777.38
	1	Mobile Posture Mirror - Steel  Designed for postural training and assessments in various rehabilitation departments and clinics. The mirror pivots in a powder-coated steel frame with hard-wearing castors.	R6 000.00	R 6 000.00

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
7	1	PUB -1 Industrial Task Chair SKU: PSO/PUB1  Swivel only mechanism Height adjustable seat No armrests Black nylon wheelbase Backrest: None Seat: Black Polyurethane Maximum weight capacity: 120kg	R2 454.54	R 2 454.54
	1	PUB-9 Industrial Counter Chair SKU: PSO/PUB9  Swivel only mechanism Height adjustable seat No armrests Black nylon wheelbase Counter height conversion & black steel foot ring Backrest: None Seat: Black Polyurethane Maximum weight capacity: 120kg	R3 726.00	R 3 726.00
	1	WC1-SYC Industrial Task Chair SKU: PSO/WC1SYC  Raking backrest mechanism Height adjustable seat No armrests (armrests available) Black nylon wheelbase Backrest: Black Polyurethane Seat: Black Polyurethane Maximum weight capacity: 120kg	R2 584.05	R 2 584.05
	1	Adjustable Height Rolling Ergonomic Saddle Stool - Black	R2 692.50	R 2 692.50
	1	IF 36-3 Mobile Anaesthetic/Operation stool.  Stainless steel construction.  Mounted on 5 x 50mm castors.  Upholstered padded seat.  Height adjustable by means of a heavyduty GAS SPRING Dimensions; height from 460mm to 600mm)	R1 834.96	R 1 834.96
7	1	3050 Dental Chair STANDARD FEATURES GAS HEIGHT ADJUSTMENT (CB) CHROME BASE 640MM SEAT - WOOD = 16mm CHIPBOARD SEAT - FOAM = VC64 CHIP FOAM- Black Bonded	R1 834.96	R 1 834.96
WHLCFS875-46	1	Wheelchair - Steel / Nylon / Fix Arm & Foot - basic model  Adult folding wheelchair. Fixed armrests Fixed footrests adjustable in height Solid rear tyres. 24 x  Solid front castors. 8 x 1" Leg strap Size. 45 cm seat width 1 x Piece Net Weight 15.9 kg G: Weight 18.6 kg Box dimensions 94 x 25 x 89 cm CE / FDA / EN ISO 1509001 / EN ISO 13485, TUV	R2 501.25	R 2 501.25
WHLCFS903-46	1	Wheelchair - Steel / PVC detachable arm and foot rest  Adult folding wheelchair. Removable armrests Removable footrests. Solid rear tyres. 24 x 1" Solid front castors. 8 x 1" Leg strap Nylon Upholstery Seat Size. 45 cm seat width standard adult 1 x Piece Net Weight 17.9 kg G: Weight 20.9 kg Box dimensions 80 x 28 x 89 cm CE / FDA / EN ISO 1509001 / EN ISO 13485 TUV	R3 018.75	R 3 018.75

Item number	Qty	Item Description	Unit Price Incl VAT	Total Price Incl VAT
	1	Adult folding wheelchair.  Wheelchair - Steel / Nylon / Flip up Armrests & Footrests - basic model heavy duty.  Up to 125kg's Removable armrests Removable footrests. Solid rear tyres. 24 x Solid front castors. 8 x 2" Leg strap Size. 61 cm seat width 1 x Piece Net Weight 18.9 kg G: Weight 18.6 kg Box dimensions 94 x 25 x 89 cm	R4 657.50	R 4 657.50
FS951B-56		CE / FDA / EN ISO 1509001 / EN ISO 13485 TUV		